



# Report 2010



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## Dear Sirs and Madams,

For the Nobody's Children Foundation 2010 was not only a year of activities presented in this report, but also a time of reflection and reevaluation. It introduced us into the celebration of the Foundation's 20th anniversary. To observe this jubilee, the Foundation's team has prepared new initiatives for 2011 with the aim of strengthening the child protection system.

When she was founding the Nobody's Children Foundation (NCF) in 1991, Alina Margolis-Edelman did not imagine that the Foundation would become the largest Polish organization dealing with the problem of child abuse. Throughout the 20 years of its existence, the Foundation has gradually extended its scope of activity. Today it addresses the problem of child abuse comprehensively – from physical, emotional, and sexual abuse, to Internet-related threats and child abuse prevention, to protecting child witnesses. NCF willingly shares its experience with other organizations in Poland and abroad. It has carried out programmes in several countries of Central and Eastern Europe. It is a member of many international groups which set social policy directions in the area of child protection. For 2011 – the year of the Foundation's 20th anniversary – we have planned to implement projects and organize events that will help to extend the range of support services for child victims and to expand knowledge about the problem of child abuse.

One important initiative is the launch of the National Partnership for Protecting Children against Abuse – a platform of cooperation for Polish NGOs that help abused children and implement child maltreatment prevention programmes. The goal of the Partnership is to build a strong coalition that will undertake joint actions, exchange experiences, and lobby for a better child protection system in Poland.

In 2011 the Alina Margolis-Edelman Award will be granted for the first time. It is a joint initiative of the Nobody's Children Foundation and *Zeszyty Literackie* (a literary quarterly). Every year the Award will be granted to a single person distinguished in the area of protecting children against abuse.

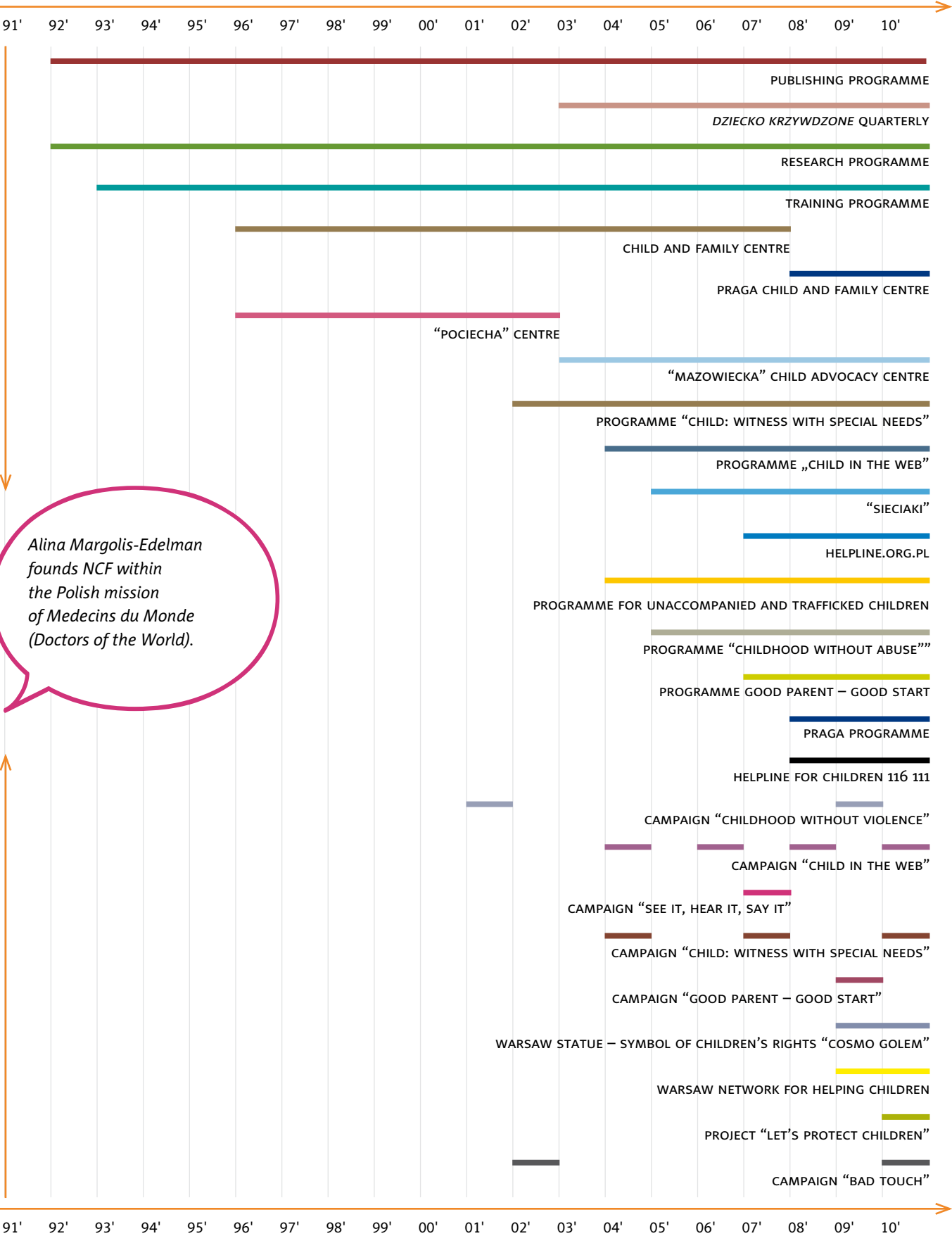
In the year of its 20th anniversary, the Foundation will organize three important conferences: in June – a national conference on preventing abuse of young children; in September – the 6th International Conference on Keeping Children and Young People Safe Online; and in October, in the Congress Hall at the Palace of Culture and Science in Warsaw – the 8th National Conference on Helping Child Victims of Crime, which will be attended by more than 2,000 Polish professionals, making it the largest such event in Poland. The last two conferences will be held within the Polish Presidency of the Council of the European Union.

And that is not all. We are going to start a new website, [www.fdn.pl](http://www.fdn.pl). We will publish a comprehensive report, *Dzieci się liczą* (Children Matter). It will provide recent years' statistics and research findings on threats to Polish children's safety and healthy development. Finally, we are going to publish a jubilee issue of the Foundation's quarterly *Dziecko krzywdzone. Teoria, badania, praktyka* (Abused Child: Theory, Research, and Practice), which has been published since 2002. We are going to carry out all these projects to expand public knowledge about child abuse, a problem we knew virtually nothing about in Poland 20 years ago.

**Monika Sajkowska**  
Director of Nobody's Children Foundation

**The Nobody's Children Foundation**  
has operated since 1991.  
It is the largest Polish  
NGO active in the area  
of protecting children  
from abuse and helping  
child victims,  
their families  
and caregivers.





Alina Margolis-Edelman founds NCF within the Polish mission of Medecins du Monde (Doctors of the World).

Institutions Helping Abused Children and Their Families

“MAZOWIECKA” CHILD ADVOCACY CENTRE



- Activities in 2010:**
- » Providing psychological and pedagogical consultations, psychiatric consultations, legal advice, and individual therapy for child victims, their parents and caregivers
  - » Crisis interventions in cases of crimes against children (especially child sexual abuse and physical violence)
  - » Consultations for professionals (pedagogic counsellors, psychologists, probation officers, health care professionals, and social workers) who identify or suspect cases of child abuse and crimes against children
  - » Providing a course on methods of working with sexually abused children (240 hrs, 20 graduates) and a course on preparing forensic psychological opinions in cases involving children (200 hrs, 20 graduates)
  - » Completing the course on diagnosis, intervention, and psychological help in cases of child sexual abuse for the Warsaw Network for Helping Sexually Abused Children (2 groups of 20 participants)
  - » Running the “Psychology Expert Club”
  - » Running a Child Friendly Interview Room
  - » Implementing programmes: “Child Victim Advocate” and “Accompanying Person in Court”
  - » Welfare services for the centre’s clients
  - » Starting the Warsaw Network for Helping Sexually Abused Children

**Programme team in 2010:**  
Coordinator: Rafał Klepacz  
Psychologists: Alicja Budzyńska, Beata Pawlak-Jordan, Magdalena Zawadzka  
Pedagogic counsellors: Beata Ciełka, Mirosława Gorgol-Bujalska  
Psychiatrists: Irena Kornatowska, Joanna Krzyżanowska-Zbucka  
Lawyers: Justyna Podlewska, Marcin Skiba  
Programme assistant: Katarzyna Pawłowska  
Front office: Ewa Dawidczyk, Monika Zabel, Barbara Ruman

→ **Programme carried out since 2003**  
**Goals:** To provide interdisciplinary help for child victims and their families or caregivers  
**Main activities:** Psychological, psychiatric, and legal help for child victims and their families, supporting professionals who help abused children  
**Contact details:** 12/25 Mazowiecka Street, 00-048 Warsaw, tel./fax: +48 22 826 88 62, +48 22 826 14 34, mazowiecka@fdn.pl, www.mazowiecka.fdn.pl

- THE PROGRAMME IN NUMBERS**
- 162 interviews of children
  - 1189 psychological and pedagogic consultations for parents and family members of abused children
  - 987 therapeutic sessions for children and young people
  - 191 psychiatric consultations for children, young people, and parents
  - 893 psychological and pedagogic consultations for professionals
  - 288 legal consultations for parents and professionals

- IN 2010 THE PROGRAMME WAS FUNDED BY:**
- Warsaw City Hall
  - Foundation of Bank Zachodni WBK
  - TelePolska
  - Compensatory damages
  - Foundation's own funds

WARSAW NETWORK FOR HELPING SEXUALLY ABUSED CHILDREN



The Warsaw Network for Helping Sexually Abused Children comprises 22 institutions located in all Warsaw districts, which provide psychological help in cases of child sexual abuse. The activities of the Warsaw Network are coordinated by the NCF. Therapists from the Mazowiecka Child Advocacy Centre have trained a group of psychologists and pedagogic counsellors from the Network's institutions and conduct supervision sessions attended by them. Moreover, the Mazowiecka Centre organizes training courses, workshops, and seminars for the Network's professionals. Once every two months special meetings are held to monitor Network coordinators and representatives of the Social Policy Department and the Education Department of the Warsaw City Hall.

→ **Programme carried out Since 2010**  
**Goals:** To provide broader access to diagnosis and intervention in cases of suspected sexual abuse and to psychological help for sexually abused children;  
**Main activities:** Diagnosis, intervention, and psychological help in cases of child sexual abuse. Consultations for parents and professionals in such cases.  
**The list of Warsaw institutions – members of the Warsaw Network for Helping Sexually Abused Children:** www.wspd.fdn.pl

- IN 2010 THE PROGRAMME WAS FUNDED BY:**
- Warsaw City Hall
  - Foundation's own funds

# Praga Programme

## ALINA MARGOLIS–EDELMAN PRAGA CHILD AND FAMILY CENTRE



The Praga Child and Family Centre was launched in September 2008. The centre is named after Alina Margolis-Edelman, the founder of the Nobody's Children Foundation. The centre undertakes prevention and help activities targeted at children and their parents within the Praga Programme and the "Good Parent – Good Start" programme. Detailed information about the centre's activities can be found further in this Report, in sections devoted to each of the programmes.

## PRAGA PROGRAMME

### Activities in 2010

- » Consulting, diagnostic and therapeutic sessions for children and parents
- » Diagnosis and treatment of sexually abused children (member of the Warsaw Network for Helping Sexually Abused Children)
- » Meetings of local professionals within the Praga Club of Child Help Professionals
- » Supervision of local professionals and employees of the Praga Poludnie Social Services Centre
- » Implementation of a pilot programme „Let's Protect Children” – certifying education and care institutions in Praga Poludnie (one of Warsaw's districts) which meet the standards of child protection
- » Organizing a workshop for professionals on methods and tools used in therapy of sexually abused children
- » Publishing a Polish version of a Swedish publication, *Selected tools and techniques of treating sexually abused children*.

### Programme team in 2010:

Coordinator: Joanna Marszał-Kotas

Psychologist: Renata Kałucka

Pedagogic counsellor: : Katarzyna Fenik

Lawyer: Olga Trocha

Programme assistants: Marta Szatańska, Katarzyna Seidel

### → Programme carried out since 2008

**Goals:** To help abused children and their families, to prevent abuse of young children  
**Main activities:** Direct support through psychological, psychiatric, and legal help for child victims of abuse and their families, supporting professionals  
**Contact details:** 59 Walecznych Street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, walecznych@fdn.pl, www.praskiecentrum.fdn.pl

### → Programme carried out since September 2008

**Goals:** To provide interdisciplinary help for abused children and their families in the right-bank districts of Warsaw; to build a system of interdisciplinary work among professionals.  
**Main activities:** Psychological and legal help (consultations, assessment, treatment, support groups) for children and their families affected by abuse (or suspected abuse), crisis intervention in cases of child abuse, educating professionals, support and supervision for professionals.  
**Contact Details:** Alina Margolis-Edelman Child and Family Centre for Praga, 59 Walecznych Street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, walecznych@fdn.pl, www.programpraski.fdn.pl

### THE PROGRAMME IN NUMBERS:

- **431 professionals** attended training courses
- **9 meetings** of the Praga Club of Professionals
- **17 supervisions** for professionals
- **80 consultations** for professionals
- **685 diagnostic, therapeutic, and legal sessions** with children and their caregivers
- **129 hours of training** for professionals
- **29 institutions** applying for the "Let's Protect Children" certificate

### IN 2010 THE PROGRAMME WAS FUNDED BY:

- Velux Foundations
- District Office of Praga Poludnie
- Warsaw City Hall
- Association for East European Trans-Border Partnership

## LET'S PROTECT CHILDREN



"Let's Protect Children" is an original pilot programme focusing on child abuse prevention, implemented by the Nobody's Children Foundation and the District Office of Warszawa Praga Poludnie. The programme is targeted at education and care institutions: kindergartens, schools, and NGO-run institutions in Praga Poludnie (one of Warsaw's districts).

The main idea of the programme is to certify education and care institutions to attest their conformity with child protection standards. In 2010 the programme was joined by 29 institutions in the Praga Poludnie district.

### Programme activities in 2010:

- » training for professionals on diagnosis and intervention in cases of child abuse, standards of child protection policy implementation, legal aspects of child protection, and conducting classes for children and parents (1, 2 and 3)
- » education meetings for children ages 6–9 on how to prevent violence and sexual abuse
- » education meetings for parents
- » developing a plan of a preventive class for children and parents; developing a programme implementation manual
- » publishing brochures for parents and professionals: *How to protect children against sexual abuse* and *How to help sexually abused children* (4)
- » organization of monitoring meetings for members of the programme implementation team.





# Prevention of Abuse of Young Children

## GOOD PARENT – GOOD START

### Activities in 2010:

- » Direct help for families with high risk of abusing young children (consultations, workshops, educational meetings, Active Mondays, an away-from-home therapeutic and educational session, online counselling centre, website)
- » Local System for Preventing Abuse of Young Children operating in 8 districts of Warsaw: Praga-Południe, Praga-Północ, Bródno, Białołęka, Wawer, Wesoła, Rembertowo, and Żoliborz
- » Training and supervision for professionals (social workers, nurses and midwives, psychologists, police officers, and probation officers)
- » 3rd National Conference “Preventing Abuse of Young Children”, attended by 380 participants
- » Training for 5 rural communities within the “Invisible Children” Project, co-implemented with the A. Komeński Child Development Foundation
- » Publishing a manual *How to protect young children against abuse* (1)
- » Publishing a leaflet for physicians *The role of physicians in preventing abuse of young children* (2)
- » Publishing a leaflet for the police *The role of police officers in preventing abuse of young children*
- » Publishing a magazine for physicians *Be careful, a child*
- » Publishing brochures and leaflets for parents: *Safe Tot*, *Play is the essence*
- » Activities of the Council of Experts in Preventing Abuse of Young Children
- » Activities of the Coalition for Preventing Abuse of Young Children with 210 members
- » Starting the “Volunteer in the Family” project
- » Carrying out a grant competition “Safe Childhood” within the Prevention of Abuse of Young Children line.

### Programme team in 2010 r.:

Coordinator: Renata Szredzińska

Psychologists: Marlena Trąbińska-Haduch, Aneta Kwaśny,

Katarzyna Krawczyk, Magdalena Kosicka

Specialists: Karolina Lewandowska, Karolina Mazurczak

Psychiatrist: Irena Kornatowska

Lawyers: Olga Trocha, Justyna Podlewska

Associate consultants: Joanna Fejfer-Szpytko (lawyer),

Joanna Kowalska (lawyer)



1



2

### → Programme carried out since 2007

**Goals:** To protect young children (ages 0-3) from abuse by supporting their parents/caregivers in parenting without violence, to promote good parenting  
**Main activities:** Direct support for parents with young children (education, psychological help, workshops), support for professionals working with parents with young children, promoting interdisciplinary work  
**Contact details:** 59 Walecznych Street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, dobryrodzic@fdn.pl, www.dobryrodzic.fdn.pl

### THE PROGRAMME IN NUMBERS:

- **1190 psychological consultations** for parents
- **28 education meetings** attended by **319 parents**
- **28 Active Mondays**, attended by **193** parents and **189** children
- **10 parenting skills workshops** attended by **93** parents
- **1 away-from-home therapeutic and educational session** attended by **9** parents and **12** children
- Distribution of **300 000 leaflets** for parents with young children,
- **34 training courses** attended by **496 professionals**
- **1** national conference attended by **380 professionals**
- **127** hours of lectures for **639 students** of medicine
- **12 supervision sessions** attended by **313 professionals**
- **8 supervision sessions** for psychologists from Warsaw psychological counselling centres, attended by **73** persons
- **507 382 visits** on the programme's website;
- **2679 subscribers** to the programme's newsletter
- **20 trainees** in the trainee programme

### IN 2010 THE PROGRAMME WAS FUNDED BY:

- World Childhood Foundation
- Velux Foundations
- Warsaw City Hall
- European Commission, the Lifelong Learning Programme
- Warsaw Medical University
- Bernard van Leer Foundation

# Protecting Children in Legal Procedures

## CHILD: WITNESS WITH SPECIAL NEEDS

### Activities in 2010:

- » Improving the standards of child friendly interviewing by certifying Child Friendly Interviewing Rooms
- » Promoting the “Standards of interviewing child witnesses based on articles 185a and 185b of the Code of Criminal Procedure”
- » Distribution of awareness-raising and education materials about child witnesses (1 and 2)
- » Running a website devoted to protecting children involved in legal procedures
- » Conducting case file studies into the practice of interviewing children in selected Polish towns/cities
- » Developing an interactive animation (“Child witness in court”), available on [www.dzieckoswiadek.fdn.pl](http://www.dzieckoswiadek.fdn.pl) (3)
- » Carrying out the 3rd edition of the national social campaign “Child: Witness with Special Needs”, under the slogan: “I’m Going to Be Interviewed” (more details about the campaign are provided on p. 16)
- » Organizing the 7th National Conference “Helping Child Victims of Crime” for professionals working with child victims
- » Coordinating the activities of the Council of Experts for Protecting Child Victims of Crime

### Programme team in 2010:

Coordinator: Daria Drab

Specialist: Maria Sierakowska

Lawyer: Olga Trocha



1



2



3

### → Programme carried out since 2002

**Goals:** To improve the situation of children participating in legal procedures through educating professionals and raising their awareness  
**Main activities:** Providing training for judges, prosecutors, police officers, expert witnesses, psychologists and pedagogic counsellors on how to prepare children for interviews, and training designed to improve their interviewing skills; publishing materials; certifying Child Friendly Interview Rooms.  
**Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14, dzieckoswiadek@fdn.pl, www.dzieckoswiadek.fdn.pl

### THE PROGRAMME IN NUMBERS

- **261 individuals and institutions** in the Coalition for Child Friendly Interviewing
- more than **280 000 visits** on the programme's website, [www.dzieckoswiadek.fdn.pl](http://www.dzieckoswiadek.fdn.pl)
- **662 subscribers** to the newsletter
- **7 new certificates** for Child Friendly Interview Rooms (in total, there are 46 certified rooms)
- more than **600 professionals** from all over Poland took part in the 7th National Conference “Helping Children – Victims of Crime”
- **2 16-hour interdisciplinary training courses** on child friendly interviewing were conducted
- **76 prosecution files** and **35 court files** were reviewed
- more than **66,000 copies** of education and awareness-raising materials were printed
- more than **23,700 copies** of the leaflet *You are a witness. You have the right* were distributed, as well as **11,500 copies** of the Charter of a Child Witness' Rights, **10,500 copies** of the campaign's leaflet, **5,500 copies** of the brochure *I'll be a witness in court*, and **5,400 campaign posters**

### IN 2010 THE PROGRAMME WAS FUNDED BY:

- Warsaw City Hall
- Ministry of Justice
- OAK Foundation
- European Commission
- Government programme for reducing crime and antisocial behaviour, “Safer Together”
- National Police Headquarters (in kind)
- General Public Prosecutor's Office (in kind)
- VA Strategic Communication (in kind)
- Yummy Factory Sp. z o.o. (in kind)
- Foundation's own funds

# 116 111 Helpline For Children And Youth

Masz problem?  
Zadzwoń!  
**116 111**  
telefon zaufania  
dla dzieci i młodzieży



## Activities in 2010:

- » Operating a free helpline 116 111, from Monday to Saturday, between 12.00 and 20.00
- » Running the programme's website [www.116111.pl](http://www.116111.pl)
- » Anonymous online counselling for persons who used the "Ask us a question" bookmark on [www.116111.pl](http://www.116111.pl)
- » Preparing and distributing educational packages of the 116 111 Helpline (lesson plans, bookmars) for all middle schools and residential care institutions in Poland, representatives of the police, and 116 111 Helpline Ambassadors
- » Developing and implementing 2 trainee programmes in the 116 111 Helpline for Children and Young People
- » Organizing a competition for children on the occasion of the International Child Helpline Day: "Rhyme for 116 111"
- » On 11 September in the Pole Mokotowskie Park in Warsaw we closed the summer series of picnics and education meetings for children and their parents, "I Have the Right to Feel Safe". The date was not randomly selected. We combined the completion of the summer series with the celebration of the first birthday of CosmoGolem – a statue regarded as a Symbol of Children's Rights, which came to Poland thanks to collaboration between the Nobody's Children Foundation and Polkomtel SA, the operator of the Plus mobile network (1). More details are available on [www.cosmogolem.pl](http://www.cosmogolem.pl)



## → Programme carried out since 2008

**Goals:** To help children and young people in need of support, care, and protection; to improve callers' safety  
**Main activities:** telephone support for children and young people in difficult situations, education and promotion efforts encouraging young people to seek help and use the helpline's services  
**Contact details:** 59 Walecznych Street, 03-926 Warsaw, tel./fax: +48 22 616-16-69, +48 22 672-65-86, [116111@fdn.pl](mailto:116111@fdn.pl), [www.116111.pl](http://www.116111.pl), Helpline number: 116 111

## THE PROGRAMME IN NUMBERS:

- more than **105,000 phone calls** from children and young people (**4 counsellors** working simultaneously)
- **36 interventions** in situations threatening life or health of persons contacting the Helpline's team
- More than **3,000 anonymous messages** that were replied through the programme's website, [www.116111.pl](http://www.116111.pl)
- Promotion and educational materials for all junior middle schools and residential care institutions in Poland, the police, and 116 111 Helpline Ambassadors, more than **8,000 educational packages**, **750,000 leaflets-bookmarks**, **25,000 posters**, **18,000 lesson plans**
- summer series of picnics and education meetings for children and parents, "I Have the Right to Feel Safe": **2 picnics**, **5 education meetings**
- more than **50 professionals** took part in training and workshops organized by the programme's team
- **3,200 students** of junior secondary schools in Warsaw's districts of Bielany and Praga Południe took part in classes run by counsellors of the 116 111 Helpline

## plus IN 2010 THE PROGRAMME WAS FUNDED BY:

- Polkomtel SA, the main sponsor and technical partner of the 116 111 Helpline
- Ministry of Internal Affairs and Administration
- Warsaw City Hall

## Programme team in 2010:

**Coordinator:** Lucyna Kicińska  
**Team:** Konrad Ambroziak, Aleksandra Budniak, Patrycja Nalazek, Monika Otto-Ługowska, Diana Pieniążek, Monika Rudnicka, Aneta Sygnecka, Beata Woźniak  
**Associates:** Krystyna Kalinowska-Ender, Marta Kłosowska, Marta Kwiatkowska, Katarzyna Romanowska, Marta Wojtas

The programme was supported by more than 20 volunteers.

# Programme "Child In The Web"

## Activities in 2010:

- » Carrying out (together with NASK) a media campaign "Think Before You Send", focusing on the problem of privacy on social-networking sites.
- » Carrying out a media campaign "Every Move Online Leaves a Trace", focusing on the problem of grooming children on the Internet (for more details see p. 16)
- » Organizing a series of picnics "Sieciaki [Web Kids] on Holiday"
- » Broad promotion and distribution of the education services offered within the "Child in the Web" programme (1)
- » Providing lectures and workshops for professionals who deal with children's safety on the Internet
- » Co-organizing (with NASK) a conference and national celebrations of the 2010 Safer Internet Day
- » Co-organizing (with NASK) the 4th International Conference on Keeping Children and Young People Safe Online (28–29 Sep)
- » Co-organizing (together with Microsoft and the Polish Association of the Deaf) a conference "The Internet and Deaf Children: Counteracting Social Exclusion Through Eliminating Web-related Threats).
- » Providing and promoting an e-learning course for professionals, "On the Web" (2)
- » Co-implementing national education projects: "Safe School" (with ArcaBit) and "Family on the Web" (with Caritas)
- » Cooperation and participation in international projects: YPRT — Youth Protection Roundtable, MAPAP — Measurement and Analysis of P2P Activity Against Pedophile content, and eNACSO — European NGO Alliance for Child Online Safety



Helpline.org.pl is a joint project of the Nobody's Children Foundation and the Orange Foundation, co-funded

by the European Commission within the Safer Internet programme. Its goal is to help children and young people who are threatened online. In 2010 the helpline's consultants handled 2201 reports from children, parents, and professionals.



MAIN PARTNER



## → Programme carried out since 2004

**Goals:** To assess the scale and characteristics of threats to children on the Web; to prevent risks to the youngest Internet users; to help children who face online threats  
**Main activities:** Research and analyses, education projects, media campaigns, telephone and online help, the Safer Internet programme  
**Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14 [www.dzieckowsieci.fdn.pl](http://www.dzieckowsieci.fdn.pl)

## THE PROGRAMME IN NUMBERS:

- more than **5,000 professionals** took part in conferences and training programmes
- over **42,000 education materials** (cartoons, leaflets, etc.) were distributed among schools
- more than **160,000 users** of the Sieciaki.pl website (40,912 new registered users in 2010)
- more than **43,092 children** used e-learning courses
- **2,201 reports** were handled by [helpline.org.pl](http://helpline.org.pl)
- over **2,500,000 visits** on the programme's websites

## IN 2010 THE PROGRAMME WAS FUNDED BY:

- European Commission, Safer Internet Programme
- Orange Foundation
- NASK
- Warsaw City Hall
- Velux Foundations
- Microsoft

## Programme team in 2010:

**Programme coordinator:** Łukasz Wojtasik  
**Coordinator of international programmes:**

Agnieszka Wrzesień

**Specialist for training and education projects:**

Ewa Dziemidowicz

**Specialist for multimedia projects:**

Piotr Sajkowski

**Coordinator of "Sieciaki.pl":** Marcin Sołodki

**PR Specialist:** Katarzyna Zygmunt

**Editor of [www.dzieckowsieci.fdn.pl](http://www.dzieckowsieci.fdn.pl):**

Robert Makowski

**Editors of "Sieciaki.pl":** Andrzej Piękoś,

Małgorzata Krosnowska,

**Coordinator of Helpline.org.pl:** Marta Wojtas

**Consultants, Helpline.org.pl:** Agnieszka Nawarenko,

Weronika Sobierajska, Magdalena Wróblewska,

Maria Jarco

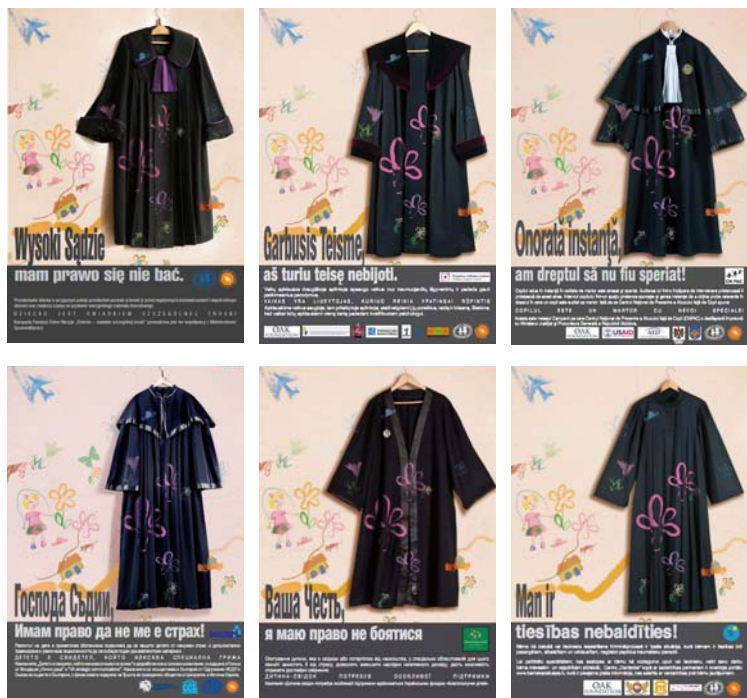


# Childhood Without Abuse:

– Toward a Better Child Protection System in Central and Eastern Europe



- Activities in 2010:**
- » Organizing supervisions for professionals who help abused children
  - » Organizing an international seminar: "Victimization of Children: Prevalence and Prevention" in Sophia, study visits at local organizations and institutions supporting children and parents
  - » Surveys of attitudes toward child abuse in 6 participating countries
  - » Running an English-language website, [www.canee.net](http://www.canee.net)
  - » Implementation of the Polish campaign "Child: Witness with Special Needs" – "Your Honour, I have the right not to be scared" in the participating countries (1)
  - » Adapting and coordinating the publication of materials for professionals, parents, and children on helping child victims (*When Your Child Is a Witness in Court, I'll be a Witness in Court, A guide for professionals on how to help abused children, and Legal expert opinions on the situation of child witnesses*) (2 and 3)



- Programme carried out since 2005**
- Goals:** To improve the child protection system through efforts such as raising the skills of professionals responsible for intervention and helping child victims and their families, to raise public awareness
- Main activities:** Social campaigns, training, and supervisions provided by Polish and foreign experts; publications targeted at professionals, parents, and children; participating in conferences and study visits. The programme has been carried out in partnership with NGOs in Bulgaria, Lithuania, Latvia, Moldova, and Ukraine. Running an English-language website [www.canee.net](http://www.canee.net)
- Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14, [europawschodnia@fdn.pl](mailto:europawschodnia@fdn.pl), [www.canee.net](http://www.canee.net)

- THE PROGRAMME IN NUMBERS:**
- **18 supervisions and 12 training courses** in the participating countries, attended by **650 professionals**
  - more than **14 200 visits** on [www.canee.net](http://www.canee.net)
  - over **48 000 copies** of project publications (reports, posters, etc.) were distributed

- IN 2010 THE PROGRAMME WAS FUNDED BY:**
- OAK Foundation
  - Batory Foundation
  - European Commission, DG for Justice, Freedom and Security
  - Foundation's own funds

**Programme team in 2010:**  
Coordinator: Maria Keller-Hamela  
Specialist: Gabriela Zawadzka  
Programme assistants: Dorota Gajewska, Agnieszka Poptawska



# Programme for Unaccompanied and Trafficked Children

- Activities in 2010:**
- » Organizing training on how to identify trafficked children and intervene in such cases for border guards, police officers, and employees of crisis intervention centres and residential care institutions, provided in cooperation with the Ministry of Internal Affairs and Administration and the Ministry of Labour and Social Policy
  - » Training for consultants from the 116 111 helpline for children and young people on the problem of child trafficking
  - » International collaboration with partner organizations in South Eastern Europe within the Mario project, [www.marioproject.org](http://www.marioproject.org)
  - » Participating in a working group within the Team for Combating and Preventing Human Trafficking at the Ministry of Internal Affairs and Administration
  - » Organizing meetings of the Council of Experts on Trafficked Children
  - » Running a website dedicated to the problem of unaccompanied and trafficked children
  - » Developing a report from a study into professionals' knowledge and attitudes concerning trafficked children; developing an expert opinion about legal regulations concerning the problem of child trafficking
  - » Contributing to the implementation of a global campaign by ECPAT International and The Body Shop, *Stop Sex Trafficking of Children and Young People* (1)
  - » Coordinating the activities of the Polish Coalition against Commercial Sexual Exploitation – a member of ECPAT International
  - » SCEP (Separated Children in Europe Programme) – contributing to research programmes conducted by expert groups, sharing good practices
  - » Developing a report within the international Daphne project: "Better Integration of Separated Children"



- Programme carried out since 2004**
- Goals:** To prevent commercial exploitation of children through raising awareness and knowledge among professionals who deal with trafficked children and children at risk of trafficking
- Main activities:** Organizing and providing training for professionals, raising awareness through publications and a dedicated website, assessing the efficiency of the system for protecting child victims and children at risk, lobbying efforts for implementing model solutions and initiating a public debate about the situation of children threatened with commercial exploitation
- Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 16 02 68, +48 22 616 03 14, [ofiaryhandlu@fdn.pl](mailto:ofiaryhandlu@fdn.pl), [www.dzieciofiaryhandlu.fdn.pl](http://www.dzieciofiaryhandlu.fdn.pl)

- THE PROGRAMME IN NUMBERS**
- **332 professionals** attended training on child trafficking
  - more than **8000 visits** on [www.dzieciofiaryhandlu.fdn.pl](http://www.dzieciofiaryhandlu.fdn.pl)

- IN 2010 THE PROGRAMME WAS FUNDED BY:**
- Terre des Hommes Foundation, from OAK Foundation's funds
  - European Commission – Daphne III

**Programme Team in 2010:**  
Coordinator: Gabriela Zawadzka /Gabriela Kühn  
Specialist: Dorota Gajewska  
Programme assistant: Agnieszka Poptawska  
Expert: Katarzyna Fenik



# Training Programme

## Activities in 2010:

- » 7th National Conference on Helping Child Victims of Crime
- » 4th International Conference on Keeping Children and Young People Safe Online
- » 3rd National Conference on Preventing Abuse of Young Children
- » 7th edition of a course on methods of working with sexually abused children, their families and caregivers (the course is recommended by the Polish Sexual Science Association)
- » 3rd and 4th editions of a course on preparing forensic psychological opinions in cases involving child witnesses (the course is recommended by the Polish Psychological Association)
- » 1st edition of a course on diagnosis, intervention, and psychological help for sexually abused children (the course is recommended by the Polish Sexual Science Society and the Polish Psychological Society)
- » Training courses for police officers working at juvenile departments, within the Foundation's cooperation with the Police Training Centre in Legionowo
- » Training courses on diagnosis and intervention in cases of emotional, physical, and sexual abuse
- » Training courses on how to work with parents of young children
- » Training courses on children's safety online
- » Training courses on helpline counselling
- » Training courses on child trafficking prevention
- » Educating children on how to use the 116 111 helpline



## → Programme carried out since 2003

**Goals:** To raise professionals' (including psychologists, pedagogic counsellors, police officers, health care professionals, and teachers) skills and competence in helping abused children, keeping children safe online, preventing abuse of young children, and combating commercial sexual exploitation of children

**Main activities:** Training and conferences, detailed information is provided in sections describing individual programmes

**Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14, szkolenia@fdn.pl, www.fdn.pl/oferta-edukacyjna

## THE PROGRAMME IN NUMBERS:

- about **600 professionals** attended the 7th National Conference on Helping Child Victims of Crime
- **520 professionals** attended the 3rd International Conference "Keeping Children and Young People Safe Online"
- **380 professionals** attended the 3rd National Conference on Preventing Abuse of Young Children
- **20 psychologists** and pedagogic counsellors graduated from the course on methods of working with sexually abused children and their families
- **20 psychologists** graduated from the course on preparing forensic psychological opinions in cases involving child witnesses
- **20 psychologists** enrolled for the course on preparing forensic psychological opinions in cases involving child witnesses
- **40 psychologists** and pedagogic counsellors enrolled for the course on diagnosis, intervention, and psychological help for sexually abused children
- about **500 psychologists** and pedagogic counsellors graduated from training courses on how to work with parents of young children
- **332 professionals** took part in training about child trafficking
- about **5000 professionals** attended courses and conferences on children's safety online
- about **50 professionals** graduated from training courses and workshops on helpline counselling
- about **3200 students** took part in classes devoted to helplines

## Programme team in 2010:

Coordinator: *Daria Drab*

Programme assistant: *Urszula Krowicka*

# Master's Thesis Competition, Grant Programme

## MASTER'S THESIS COMPETITION

The jury of the 11th edition of the Foundation's competition for the best master's thesis dealing with the problem of child abuse awarded the following prizes:

**2nd prize** — Paulina Ogłodzińska for Interviewing child witnesses in the Polish criminal procedure, written under supervision of professor Tomasz Grzegorzczuk in the Law and Administration Department of the University of Łódź

**Special awards** — Kamila Chmielewska for Protecting child witnesses and preventing victimization, written

under supervision of professor Janina Czapska in the Law and Administration Department of the Jagiellonian University in Krakow; and Iwona Kubicka for Aggression, emotional intelligence, psychological gender, and the level of social adaptation in sex offenders, written under supervision of Maria Gordon, PhD, at the Warsaw School of Social Psychology.

The jury decided not to award the 1st prize.

## GRANT PROGRAMME — SAFE CHILDHOOD

Since 2010 the Nobody's Children Foundation has run a grant programme "Safe Childhood", funded by the Velux Foundations. The programme is targeted at non-profit NGOs that support local communities in protecting children against violence and abuse. The programme supports the implementation of projects in the areas of children's safety online, early prevention of abuse of young children and protecting children and youth against abuse.

## Contact details:

Programme coordinator: Gabriela Kühn  
31 Katowicka Street, 03-932 Warsaw,  
tel./fax: +48 22 616 16 02 68, +48 22 616 03 14  
konkurs.grantowy@fdn.pl, www.programgrantowy.fdn.pl

## PROGRAMME FUNDED BY:

- Velux Foundations



*The picture comes from a photography competition held within the grant programme.*



# Social campaigns

## “BAD TOUCH” CAMPAIGN, 2ND STAGE



### Campaign activities:

- » Developing media messages: a TV spot (❶), a radio spot, press ads, a poster (❷)
- » Conducting a study “Victimization of children and youth in Poland: Young Poles’ experiences”
- » Recruiting campaign ambassadors – local organizations and institutions that promoted the campaign ideas in their communities (by distributing materials, educating parents and professionals, organizing conferences, seminars, and training, and cooperating with the local media)
- » Training professionals on how to identify cases of child sexual abuse and how to intervene in such cases
- » Developing and distributing campaign materials (brochures: How to protect children against sexual abuse? A guide for parents and professionals (❷) and Helping sexually abused children. A guide for pedagogic counsellors, teachers, and caregivers (❸), posters and leaflets)
- » Creating and running a website devoted to the problem of child sexual abuse, [www.zlydotyk.pl](http://www.zlydotyk.pl)
- » Developing e-learning modules about child sexual abuse (available on the campaign website, [www.zlydotyk.pl](http://www.zlydotyk.pl))



❶



❷



❸

**Organizers:** Nobody's Children Foundation, Children's Ombudsman

**Agency:** Grey Worldwide Warszawa

**Goal:** To provide knowledge about the problem of child sexual abuse, how to protect children from abuse and how to help sexually abused children

**Main activities:** media and education campaign

**Time of campaign implementation:**

media campaign: May – June 2010;

education campaign: May – December 2010

**Media:** TV, radio, print media, Internet

**Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14, [zlydotyk@fdn.pl](mailto:zlydotyk@fdn.pl), [www.zlydotyk.pl](http://www.zlydotyk.pl)

### THE CAMPAIGN IN NUMBERS:

- campaign activities were carried out by about **340 ambassadors** from all over Poland
- more than **15,500 copies** of education materials for parents and professionals were distributed
- a detailed report from the campaign will be available on [www.zlydotyk.pl](http://www.zlydotyk.pl)

### THE CAMPAIGN WAS FUNDED BY:

- OAK Foundation
- Children's Ombudsman
- Government programme for reducing crime and antisocial behaviour, “Safer Together”
- Grey Worldwide Warszawa, executing agency
- Foundation's own funds



[www.zlydotyk.pl](http://www.zlydotyk.pl)



Organizatorzy



RZECZNIK PRAW DZIECKA

Patroni medialni



Główny sponsor



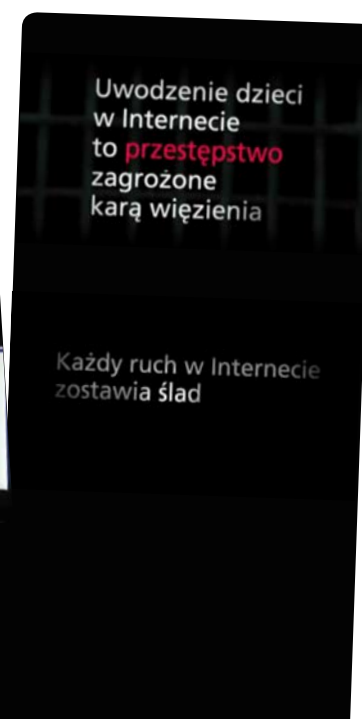
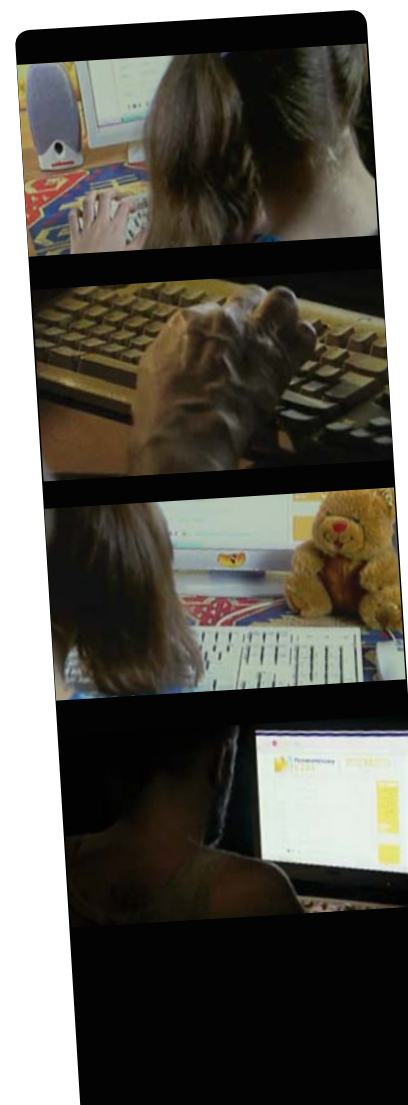


## Social campaigns

### “EVERY MOVE ONLINE LEAVES A TRACE”: 4TH STAGE OF “CHILD IN THE WEB” CAMPAIGN



- Campaign activities:**
- » Developing media messages (a TV spot (1) and a radio spot)
  - » Display of posters and citylights in Poland's largest cities (3)
  - » Developing education materials (a brochure *Preventing sexual abuse online*, a brochure *Guidelines on how to create safe online environment for children* (2), and an e-learning course on keeping children safe on the Web)
  - » Running the campaign website, [www.dzieckowsieci.fdn.pl](http://www.dzieckowsieci.fdn.pl)



1

**Organizers:** Nobody's Children Foundation, NASK, Children's Ombudsman  
**Agency:** VA Strategic Communication  
**Goal:** To draw the public's attention to the problem of online grooming and to the amended law concerning this problem  
**Main activities:** media and education campaign  
**Time of campaign implementation:** June – September 2010  
**Media:** print media, TV, radio, Internet, citylights, billboards, automated teller machines  
**Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14, [www.dzieckowsieci.fdn.pl](http://www.dzieckowsieci.fdn.pl)

#### THE CAMPAIGN IN NUMBERS:

- TV spots (more than **500 displays**), infoscreen (**700 displays**), **200 billboards** and **40 citylight posters** in the largest Polish cities, more than **130 publications** of the press ad, and ATM screens in more than **60 Cash4You automated tellers**
- More than **5,000 leaflets** and posters were published and distributed within the campaign

#### THE CAMPAIGN WAS FUNDED BY:

- Orange Foundation
- European Commission
- Children's Ombudsman



2

# Każdy ruch w Internecie zostawia ślad



[www.dzieckowsieci.pl](http://www.dzieckowsieci.pl)



## Uwodzenie dzieci w Internecie to przestępstwo

Zgłaszaj podejrzone sytuacje: [www.helpline.org.pl](http://www.helpline.org.pl) tel. 800 100 100

Organizatorzy:



NASK

RZECZNIK PRAW DZIECKA

Główny Partner:



Patronat: Partnerzy:



warexpo



3



# Social campaigns

## “I’M GOING TO BE INTERVIEWED”: 3RD STAGE OF “CHILD: WITNESS WITH SPECIAL NEEDS” CAMPAIGN

### Campaign activities:

- » Developing campaign materials targeted at professionals (judges, prosecutors, probation officers, police officers, psychologists, and expert witnesses) – a poster, a leaflet, a brochure, an issue of the Foundation’s quarterly, a calendar (1)
- » Developing and distributing a leaflet for children, *You are a witness. You have the right*



**będę PRZESŁUCHANY**

*Bardzo się bałem przesłuchania. Nie wiedziałem, że to po prostu rozmowa. Teraz wiem, że nie ma czego się bać.*

Od Ciebie zależy, czy oszczędzisz małoletnim świadkom traumatycznego przeżycia. Zabiegaj o rozmowę w specjalnie przygotowanym miejscu. **Dziecko jest świadkiem szczególnej troski.**

www.dzieckoswiadek.pl

MINISTERSTWO SPRAWIEDLIWOŚCI  
RZECZNIK PRAW DZIECKA

Organizatorzy kampanii „Dziecko – świadek szczególnej troski”

Partner kampanii

**Organizers:** Nobody’s Children Foundation, Ministry of Justice, Children’s Ombudsman  
**Agency:** VA Strategic Communication  
**Goal:** To disseminate knowledge about the rights of children involved in legal procedures both among professionals who participate in such proceedings (judges, expert witnesses, prosecutors, police officers), and among child witnesses’ parents and caregivers  
**Main activities:** education campaign  
**Time of campaign implementation:** media campaign: March – April 2010; awareness-raising and education activities: March – December 2010  
**Media:** print media, Internet  
**Contact details:** 31 Katowicka Street, 03-932 Warsaw, tel./fax: +48 22 616 02 68, +48 22 616 03 14, dzieckoswiadek@fdn.pl, www.dzieckoswiadek.fdn.pl

### THE CAMPAIGN IN NUMBERS:

- in collaboration with the National Police Headquarters, the General Prosecutor’s Office, The Ministry of Justice, the Children’s Ombudsman, and the Coalition for Child Friendly Interviewing, more than **60,000 copies of awareness-raising and education materials** for professionals, parents, and children were distributed

### THE CAMPAIGN WAS FUNDED BY:

- OAK Foundation
- European Commission
- BRE Bank Foundation



**będę PRZESŁUCHANA**

*Bardzo się bałam przesłuchania. Nie wiedziałam, że to po prostu rozmowa. Teraz wiem, że nie ma czego się bać.*

Od Ciebie zależy, czy oszczędzisz małoletnim świadkom traumatycznego przeżycia. Zabiegaj o rozmowę w specjalnie przygotowanym miejscu. **Dziecko jest świadkiem szczególnej troski.**

www.dzieckoswiadek.pl

MINISTERSTWO SPRAWIEDLIWOŚCI  
RZECZNIK PRAW DZIECKA

Organizatorzy kampanii „Dziecko – świadek szczególnej troski”

Partner kampanii

# Research Programme, Quarterly

## RESEARCH PROGRAMME

In 2010 the following projects were carried out within the Foundation's research programme:

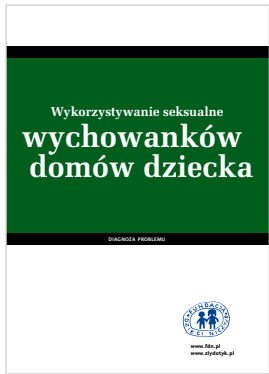
- » *The problem of sexual abuse of children in residential care institutions* – within the Daphne III programme; the sample: children living in residential care institutions in Warsaw, ages 15–18, and institutional staff members. The project started in 2009.
- » *Attitudes toward child abuse* – research conducted within the programme “Childhood without Abuse: Toward a Better Child Protection System in Central and Eastern Europe”; a representative sample of Poles over 15. Within the project the same study was conducted in 5 other countries: Bulgaria, Moldova, Ukraine, Lithuania, and Latvia.
- » *Victimization of young people*, within the programme “Prevention of and Fight against Crime”, a representative sample of Internet users ages 15–18.
- » *Child abandonment and its prevention across Europe*, within the DAPHNE III programme, a study conducted in Warsaw’s maternity wards. The project has been continued in 2011.
- » *When the innocent are punished: Children of imprisoned parents*, in partnership with the European Network for Children of Imprisoned Parents (Eurochips), the sample: employees of social services centres and residential care institutions
- » *The practice of interviewing children in Poland* — a case file review aimed at assessing the conditions of interviewing child victims in criminal proceedings, conducted within the project “Prevention of and Fight against Crime” (within the “Child: Witness with Special Needs” programme).

### THE PROGRAMME WAS FUNDED BY:

- European Commission
- Velux Foundations
- OAK Foundation
- EUROCHIPS

### Research programme team:

Monika Sajkowska, Ph.D.  
Joanna Włodarczyk



## QUARTERLY ABUSED CHILD: THEORY, RESEARCH, AND PRACTICE

In 2010 four issues of the Foundation’s quarterly, Abused Child: Theory, Research, and Practice – published since 2002 – came out:  
No.1/30 — Child: Witness with special needs  
Nr 2/31 – Helplines for children  
Nr 3/32 – A child’s death as a consequence of abuse and/or neglect  
Nr 4/33 – Commercial exploitation of children

### Editorial team:

Editor-in-Chief: Monika Sajkowska  
Deputy Editor-in-Chief: Maria Keller-Hamela  
Editorial office: Marzena Polańska  
Editor of the online version: Karolina Lewandowska  
Editor of the online version

### IN 2010 THE QUARTERLY WAS FUNDED BY:

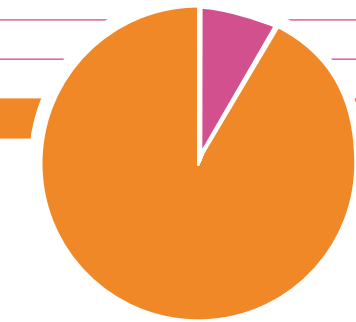
- OAK Foundation
- Polkomtel SA
- Foundation’s own funds



# Financial report

## FUNDS ALLOCATED FOR THE NOBODY'S CHILDREN FOUNDATION'S PROGRAMMES IN 2010:

OAK Foundation - Childhood Without Abuse programme (funds distributed among 6 countries participating in the project)	220 070
Non-for-profit activity	211 864
Velux Foundations	207 262
World Childhood Foundation	159 761
European Comission – Safer Internet	137 873
Orange Foundation	136 897
Warsaw City Hall – institutions helping abused children and their families	100 738
Donations of 1% of income tax	75 574
OAK Foundation – Mario programme	71 522
European Comission – Prevention of and Fight against Crime	52 952
Ministry of Internal Affairs and Administration	37 831
European Comission – Daphne III	35 688
Donations from individuals	22 034
East European Democratic Centre – Crossborder Partnership Programme	21 068
Praga Południe District Office	20 492
Mazowieckie Province Office	19 680
The Comenius Foundation for Child Development	15 132
Exemplary damages	14 334
Warsaw City Hall – programme “Good Parent – Good Start”	8 827
Save the Children Sweden	8 392
Warsaw City Hall – Internet programme	8 323
Warsaw City Hall – Warsaw Network for Helping Sexually Abused Children	7 890
Polkomtel S.A.	7 566
British Embassy	5 014
Białotłęka District Office	4 556
Bank interest	4 381
Żoliborz District Office	3 897
Consulting and Training Consortium S.A.	3 783
Deutsche Bank Polska S.A.	3 657
Office for Media and Communications Rhineland-Palatinate	3 631
Warsaw City Hall – volunteer programme	3 026
The Stefan Batory Foundation	1 525
Polpain Putka Sp. z o.o.	797
Link – Hope Foundation	593
Bank Zachodni Foundation	580
Donations from companies / other	19 610
TOTAL REVENUES: 1 637 209 EUR	



### Our expenditures in 2010

In 2010 administrative expenditures constituted **10,24 %** and outlays on statutory activity **89,76%** of the Foundation's overall cost of primary activity.



# Sponsors and Partners

<p>THE NOBODY'S CHILDREN FOUNDATION'S PARTNER IN THE AREAS OF TRAINING AND CONSULTING THE FOUNDATION'S TEAM</p> 		<p>THE NOBODY'S CHILDREN FOUNDATION'S PARTNER IN THE AREA OF MEDIA MONITORING</p> 		
				
				
	 	 		
				
				
				

SUPPORT IN KIND				
				
				
				



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[www.fdn.pl](http://www.fdn.pl)

##### DESIGN & DTP

Olga Figurska, [www.lunatikot.pl](http://www.lunatikot.pl)



Nobody's Children Foundation  
protects children from abuse

# 20 years

of Nobody's Children Foundation

Thank you  
for your support

# We give children strenght!

Nobody's Children Foundation

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