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Training evaluation report

Introduction to lighthouse P-MBT parenting training

January 7th - 11th 2019

Venue:

Warsaw

Description:

The training gave participants an understanding of the centrality of mentalizing to the parent-child relationship and the literature and research evidence pertaining to this. Participants got equipped with the clinical skills to enhance parent's capacity to mentalize, and in particular, to mentalize their children.

Evaluation:

In total 26 participants were trained. Participants of the trainings were mainly therapists working in local Child Advocacy Centers.

Participants evaluated the training as follows:

1. Training's organization

What do you think about the training's duration? (too many days, not enough, just enough)

1 is the minimum grade and 5 is the maximum one

	1	2	3	4	5
Training's rhythm	0	1	2	7	12
Time for discussion	0	0	1	6	15
General training's organization	0	0	0	3	19

2. Training's content

1 is the minimum grade and 5 is the maximum one

	1	2	3	4	5
Discussed issues	0	0	0	5	17
Quality of trainers presentations	0	0	0	1	21
Relevance of the training content to the situation in your country	0	0	0	4	18
Correspondence of the training to your expectations	0	0	0	5	17

1. What did you learn during the training? (from the theory and practice)	
knowledge about MBT, knowledge about working with a group, practical instructions	
2. Are you going to use knowledge and tools learned during the training in your work?	
Yes - 22	No - 0
3. What did you like during the training and why?	
experience sharing, interesting exercises, trainer's approach, friendly atmosphere	
4. What could be improved and why?	
time management, more exercises	
5. Which issues would you like to learn more in details?	
mentalization in general, mentalization through drawings	
6. If the same type of training will be organized, will you come? Will you recommend it to your colleagues?	
Yes - 22	No - 0