

# Report 2009



# Report 2009

For our Foundation 2009 was a year of building up cooperation with our partners in Poland and other European countries, and sharing good practices in helping children and protecting them from abuse.

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We began developing the Warsaw Network for Helping Sexually Abused Children, which was joined by 26 help institutions operating in Warsaw. Psychologists and pedagogic counsellors from these institutions took part in a training course designed to prepare them to diagnose and provide psychological help for victims of child sexual abuse. In 2010 this cooperation will help expand the range of services available in Warsaw in such difficult cases.

Last year many of our activities focused on the problem of corporal punishment of children. Propositions of legislative modifications were accompanied by a campaign titled *Childhood without Violence*, which was joined by several hundred organizations and institutions. Hundreds of professionals participated in training and conferences organized within the campaign, tens of thousands of parents were provided with educational materials about how to raise children without beating and other forms of abuse.

We expanded and improved methods of educating children on Internet-related threats. So far, more than 140 thousand children have signed up for our new Sieciaki.2.0 site launched in 2009!

Tens of thousands of children sought help and support through the Foundation's dedicated helplines: 116 111 and Helpline.org.pl.

Several child interview facilities across Poland were granted the Child Friendly Interview Room certificates, which are awarded by the Foundation and the Ministry of Justice. In six countries of Central and Eastern Europe we organized – together with our local partners – the *Child: Witness with Special Needs* campaign. The first child friendly interview rooms were also established in these countries.

The *Good Parent – Good Start* programme shared its two years' experience with other organizations by publishing a manual on how to organize a local system for preventing abuse of young children.

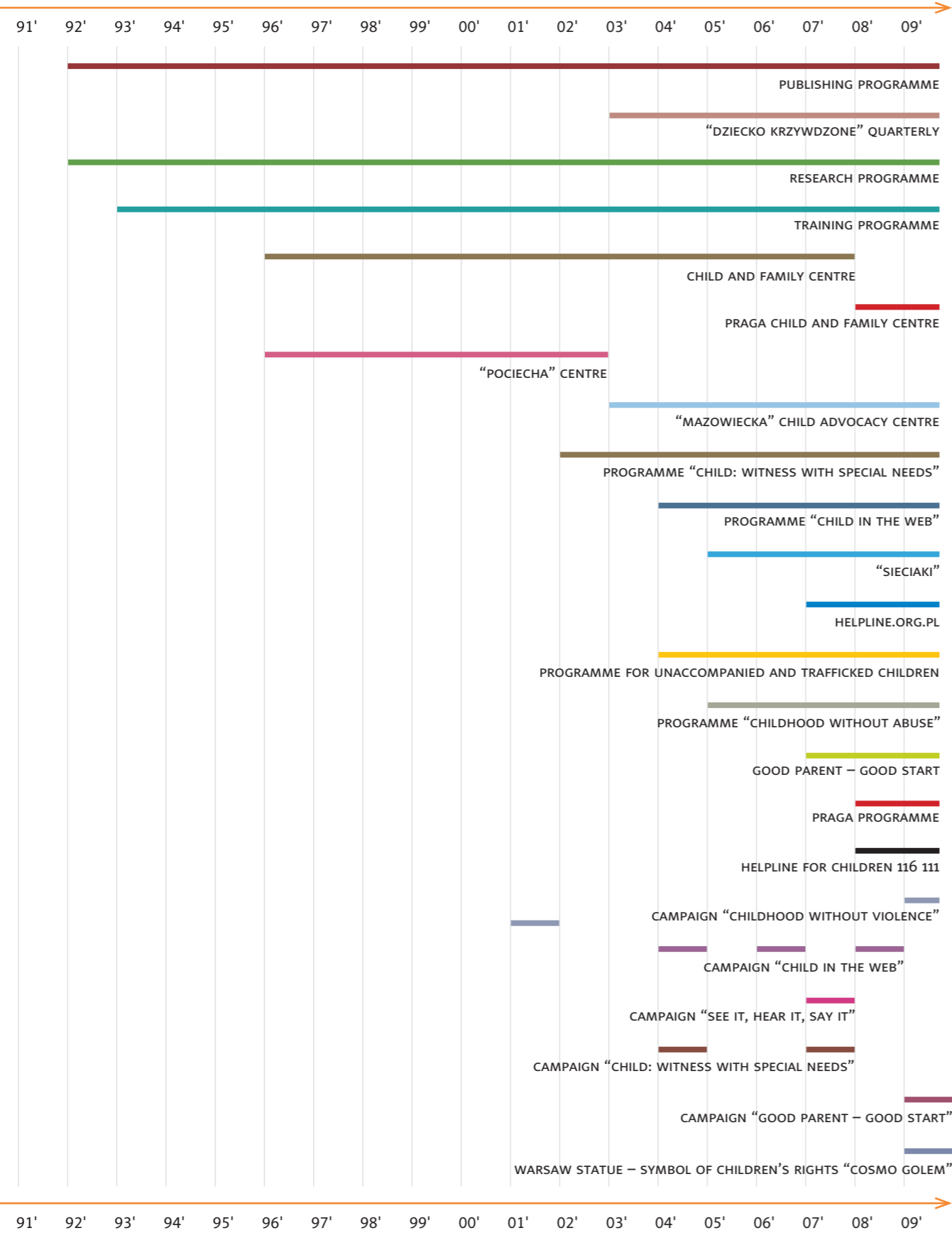
This is just a handful of information about our activities in 2009. You are invited to learn more about them by reading this Report.

We would like to thank all those who support the Foundation's programmes. With your help we bring colour back to children's lives!

*Monika Sajkowska*

**Monika Sajkowska**  
Director of Nobody's Children Foundation

**The Nobody's Children  
Foundation**  
has operated since 1991.  
It is the largest Polish  
NGO active in the area  
of protecting children  
from abuse and helping  
child victims,  
their families  
and caregivers.



"MAZOWIECKA" CHILD ADVOCACY CENTRE



- Activities in 2009:**
- » Providing psychological and pedagogical consultations, psychiatric consultations, legal advice, and individual therapy for child victims, their parents and caregivers
  - » Crisis interventions in cases of crimes against children (especially child sexual abuse and physical violence)
  - » Consultations for professionals (pedagogic counsellors, psychologists, probation officers, health care professionals, and social workers) who identify or suspect cases of child abuse and crimes against children
  - » Providing a course on methods of working with sexually abused children (240 hrs, 20 graduates) and a course on how to prepare forensic psychological opinions in cases involving children (200 hrs, 20 graduates)
  - » Running a course on diagnosis, intervention, and psychological help in cases of child sexual abuse for the Warsaw Network for Helping Sexually Abused Children (2 groups of 20 participants)
  - » Running the "Psychology Expert Club"
  - » Running a Child Friendly Interview Room
  - » Conducting programmes "Child Victim Advocate" and "Accompanying Person in Court"
  - » Welfare services for the centre's clients
  - » Training courses for students of the Warsaw Medical University

**Programme team in 2009:**  
Coordinator: Jolanta Zmarzlik/Agnieszka Morawska  
Psychologists: Alicja Budzyńska, Beata Pawlak-Jordan, Magdalena Zawadzka  
Pedagogic counsellors: Beata Ciejka, Mirosława Gorgol-Bujalska  
Psychiatrist: Irena Kornatowska, Joanna Krzyżanowska-Zbucka  
Lawyers: Justyna Podlewska, Marcin Skiba, Jowita Cieślík  
Administration manager and front office: Ewa Dawidczyk  
Front office: Katarzyna Pawłowska, Monika Zadel

→ **Programme carried out since 2003**  
**Goals:** To provide interdisciplinary help for child victims and their families or caregivers  
**Main activities:** Psychological, psychiatric, and legal help for child victims and their families, supporting professionals who help abused children  
**Contact details:** 12/25 Mazowiecka street, 00-048 Warsaw, tel./fax: +48 22 826 88 62, +48 22 826 14 34, mazowiecka@fdn.pl

**THE PROGRAMME IN NUMBERS:**

- 179 interviews of children
- 1,191 psychological and pedagogical consultations for parents and family members of abused children
- 1,189 therapeutic sessions for children and parents
- 1,184 psychological and pedagogical consultations for professionals
- 377 legal consultations for parents and professionals

**IN 2009 THE PROGRAMME WAS FUNDED BY:**

- Warsaw City Hall
- Mazowieckie Province Office
- Ministry of Justice
- Exemplary damages
- Foundation's own funds

ALINA MARGOLIS-EDELMAN PRAGA CHILD AND FAMILY CENTRE



The Praga Child and Family Centre was launched in September 2008. The centre is named after Alina Margolis-Edelman, the founder of the Nobody's Children Foundation. The centre undertakes prevention and help activities targeted at children and their parents within the Praga Programme and the "Good Parent – Good Start" programme. Detailed information about the centre's activities can be found further in this Report, in sections devoted to each of the programmes.

→ **Programme carried out since 2008**  
**Goals:** To help abused children and their families, to prevent abuse of young children  
**Main activities:** Direct support through psychological, psychiatric, and legal help for child victims of abuse and their families, supporting professionals  
**Contact details:** 59 Walecznych street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, walecznych@fdn.pl

**Programme team in 2009:**  
Administration manager and front office: Katarzyna Soroka  
Front office: Agnieszka Piecyk

# Praga Programme



## Activities in 2009:

- » Consulting, diagnostic and therapeutic sessions for children and parents
- » Crisis intervention in cases of child abuse
- » Parenting skills workshops and a sociotherapeutic group for children and their parents
- » Educational meetings for parents
- » Social campaign "Childhood without Violence" in Praga-Południe
- » Training for pedagogic counsellors and psychologists on assessment and intervention in cases of child abuse and on educating parents about parenting without violence
- » Meetings of local professionals within the Praga Club of Child Help Professionals
- » Supervision of interdisciplinary teams working in Praga-Południe
- » Consultations for professionals (pedagogic counsellors, psychologists, probation officers, health care professionals, social workers).



## → Programme carried out since 2008

**Goals:** To provide interdisciplinary help for abused children and their families in Praga Południe – one of Warsaw districts; to build a system of interdisciplinary work among professionals.

**Main activities:** Psychological and legal help (consultations, assessment, treatment, support groups) for children and their families affected by abuse (or suspected abuse), crisis intervention in cases of child abuse, educating professionals, support and supervision for interdisciplinary teams in Praga-Południe. The Praga Programme's partner is the Praga Południe Social Welfare Centre.

**Contact details:** Praskie Centrum Dziecka i Rodziny, 59 Walecznych street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, walecznych@fdn.pl, www.pomagajmyrazem.pl

## THE PROGRAMME IN NUMBERS:

- **9 meetings** of the Praga Club of Professionals
- **16 meetings** and **12 supervisions** for local interdisciplinary teams
- **32 consultations** with professionals
- **Training professionals** from **13** local institutions within the "Childhood without Violence" campaign
- **649 diagnostic and therapeutic sessions** with children and their caregivers
- **Educational meetings** with **122** parents
- **99 legal consultations**
- **64** telephone and e-mail **consultations** with parents

## IN 2009 THE PROGRAMME WAS FUNDED BY:

- Velux Foundations
- District Office of Praga-Południe
- Foundation's own funds

## Programme team in 2009:

Coordinator: Joanna Marszał-Kotas

Psychologists: Renata Kałucka, Magdalena Jóźwik

Lawyer: Olga Kudanowska

# Good Parent – Good Start: Prevention of Abuse of Young Children



## Activities in 2009:

- » Direct help for families with high risk of abusing young children (consultations, workshops, educational meetings, Active Mondays, a therapeutic and educational camp, online counselling centre, website)
- » Local System for Preventing Abuse of Young Children operating in 5 Warsaw districts: Praga-Południe, Praga-Północ, Bródno, Białołęka, and Wawer
- » Training and supervision for professionals (social workers, nurses and midwives, psychologists, police officers, and probation officers)
- » 2nd National Conference „Preventing Abuse of Young Children”, attended by 275 participants
- » Manual, *Jak budować Lokalny System Profilaktyki Krzywdzenia Małych Dzieci* (How to develop a local system for preventing abuse of young children)
- » Brochure for nurses and midwives, *Jak chronić małe dzieci przed krzywdzeniem? Rola pielęgniarek i położnych w zapobieganiu złemu traktowaniu dziecka w rodzinie* (How to protect young children from abuse? The role of nurses and midwives in preventing child maltreatment in the family)
- » Brochures for parents: *Proszę, uważaj na mnie* (Please, be careful with me) and *Trening zarządzania chaosem* (Training in chaos management)
- » Creating the Council of Experts in Preventing Abuse of Young Children
- » Coalition for Preventing Abuse of Young Children with 124 members
- » Media campaign "Good Parent – Good Start" (TV and radio spots, citylights, posters, brochures for parents). [More information on page 11 of the Report.]



## → Programme carried out since 2007

**Goals:** To protect young children (ages 0-3) from abuse by supporting their parents/caregivers in parenting without violence, to promote good parenting

**Main activities:** Direct support for parents with young children and professionals, promoting interdisciplinary work

**Contact details:** 59 Walecznych street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, dobryrodzic@fdn.pl, www.dobryrodzic.pl

## THE PROGRAMME IN NUMBERS:

- **556 psychological consultations** for parents
- **19 educational meetings**, attended by **223** parents
- **11 Active Mondays**, attended by **71** parents and **72** children
- **10 parenting skills workshops** attended by **93** parents
- **1 therapeutic and educational camp**, attended by **10** parents and **11** children
- **300 000 leaflets** for parents with young children,
- **14 training courses**, attended by **240** professionals
- **10 supervision sessions**, attended by **185** professionals
- **6 supervision sessions** for psychologists from Warsaw psychological counselling centres, attended by **93** persons
- **562,810 visits** on the programme's website
- **1,929** subscribers to the programme's newsletter
- **21 trainees** in the trainee programme

## IN 2009 THE PROGRAMME WAS FUNDED BY:

- World Childhood Foundation
- Velux Foundations
- Ministry of Labour and Social Policy
- Warsaw City Hall
- BRE Bank Foundation
- European Commission
- Foundation's own funds

## Programme team in 2009:

Coordinators: Karolina Lewandowska/

Renata Szredzińska

Psychologists: Marlena Trąbińska-Haduch,

Aneta Kwaśny, Agnieszka Izdebska,

Katarzyna Krawczyk

Programme assistants: Magdalena Kosicka,

Karolina Mazurczak

Psychiatrist: Irena Komatowska

Lawyer: Justyna Podlewska

# Protecting children in legal procedures

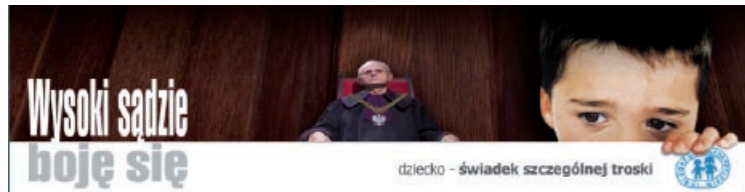
## 116 111 Helpline for Children And Youth

### CHILD: WITNESS WITH SPECIAL NEEDS



#### Activities in 2009:

- » Raising the standards of friendly interviewing of children by certifying Child Friendly Interview Rooms
- » Distribution of awareness-raising and education materials about child witnesses (1)
- » Running a website devoted to protecting children involved in legal procedures
- » Establishing the Council of Experts for Protecting Child Victims of Crime to undertake initiatives for protecting child witnesses in legal procedures
- » Organization of the 7th National Conference on Helping Child Victims of Crime for professionals working with child victims



#### → Programme carried out since 2002

**Goals:** To improve the situation of children participating in legal procedures through educating professionals and raising their awareness

**Main activities:** Providing training for judges, prosecutors, police officers, expert witnesses, psychologists and pedagogic counsellors on how to prepare children for interviews, as well as training designed to improve their interviewing skills; publishing materials targeted at professionals and child witnesses; certifying Child Friendly Interview Rooms to improve the standard of facilities where children are interviewed.

**Contact details:** 31 Katowicka street, 03-932 Warsaw, tel./fax +48 22 616 02 68, +48 22 616 03 14, dzieckozwiadek@fdn.pl, www.dzieckoswiadek.pl

#### THE PROGRAMME IN NUMBERS:

- **255 individuals and institutions** in the Coalition for Child Friendly Interviewing
- **more than 100,000 visits** on the programme's website, www.dzieckoswiadek.pl
- **600 subscribers of the newsletter** from www.dzieckoswiadek.pl
- **25 certificates** for Child Friendly Interview Rooms
- **550 professionals** from all over Poland took part in the 7th National Conference on Helping Child Victims of Crime

#### IN 2009 THE PROGRAMME WAS FUNDED BY:

- Warsaw City Hall
- Ministry of Justice
- OAK Foundation
- European Commission
- Stefan Batory Foundation
- Foundation's own funds

#### Programme team in 2009:

**Coordinator:** Maria Sierakowska  
**Lawyer:** Olga Kudanowska  
**Programme assistant:** Daria Drab



#### Activities in 2009:

- » Operating the 116 111 free of charge helpline from Monday to Friday, between 12.00 p.m. and 8.00 p.m.
- » Running the programme's website
- » Anonymous online counselling for children who use the "Ask us a question" bookmark on www.116111.pl
- » Preparing and distributing educational packages of the 116 111 Helpline (lesson plans, posters, leaflets-bookmarks) for all junior secondary schools in Poland, representatives of the police, and 116 111 Helpline Ambassadors
- » Developing and implementing a trainee programme in the 116 111 Helpline for Children and Young
- » Co-organizing the International Day of Child Helplines and the opening ceremony of the CosmoGolem statue – the Warsaw Symbol of Children's Rights, as well as other open-air events for children and young people.

On 11 September 2009 in the Pole Mokotowskie Park in Warsaw there appeared Cosmo Golem – a 4-meter giant with a little window in the heart, through which children can toss slips of paper with their requests and dreams. It is the 13th such a statue in the world, regarded as a universal symbol of children's rights. Golem is another project – after the 116 111 Helpline for Children and Young People – implemented by the Nobody's Children Foundation and Polkomtel SA (the operator of the Plus mobile network) for the benefit of children. Honorary patronage of Cosmo Golem has been assumed by the President of Warsaw, Hanna Gronkiewicz-Waltz, and the ambassador of Belgium, Jan Luyckx. [More information on [www.cosmogolem.pl](http://www.cosmogolem.pl)]



#### → Programme carried out since 2008

**Goals:** To help children and young people in need of support, care, and protection; to improve callers' safety

**Main activities:** Telephone support for children and young people in difficult situations, education and promotion efforts encouraging young people to seek help and use the helpline's services

**Contact details:** 59 Walecznych street, 03-926 Warsaw, tel./fax: +48 22 616 16 69, +48 22 672 65 86, 116111@fdn.pl, www.116111.pl

#### THE PROGRAMME IN NUMBERS:

- More than **87,000 phone calls** from children and young people (4 consultants working simultaneously)
- **94 interventions** in situations threatening life or health of persons contacting the 116 111 team
- More than **2,500 anonymous messages**, that were replied through the programme's website, www.116111.pl
- **Promotion and educational materials** for all junior secondary schools in Poland, the police, and 116 111 Helpline Ambassadors, nearly **7,500** educational packages, **900,000** leaflets-bookmarks, **22 000** lesson scenarios
- participation in **6 open-air events** for children

#### IN 2009 THE PROGRAMME WAS FUNDED BY:

- plus** - Polkomtel SA — the main sponsor and technology partner of the 116 111 helpline
- Ministry of Internal Affairs and Administration

The Ministry of National Education assumed honorary patronage of the 116 111 Helpline for Children and Youth.

#### Programme team in 2009

**Coordinator:** Lucyna Kicińska  
**Team:** Konrad Ambroziak, Aleksandra Budniak, Tomasz Mieszkowski, Monika Otto-Ługowska, Diana Pieniążek, Kamila Raczyska, Monika Rudnicka  
**Trainees:** 19 people

# Programme “Child In The Web”



## Activities in 2009:

- » Conducting a research programme “Child pornography on the Internet” (FDN, Gemius)
- » Carrying out the Polish edition of the European campaign *Keep it Fun. Keep Control* devoted to the problem of cyberbullying on social networking sites (FDN, NASK)
- » Re-launch of the media campaign *Internet is a window to the world. The whole world*, focusing on children’s exposure to dangerous content (FDN, NASK)
- » Launching a new version of *Sieciaki.pl* – an education website for children
- » Organizing educational picnics focused on children’s safety online, within the annual project “*Sieciaki on Holidays*”
- » Broad promotion and distribution of the education services of the „Child in the Web” programme
- » Providing lectures and workshops targeted at professionals who deal with children’s safety online
- » Organizing a conference within the Safer Internet Day (10 February) and a conference “Student Safe on the Web” (13 March)
- » Organizing the 3rd International Conference “Keeping Children and Young People Safe Online” (FDN, NASK)
- » Distributing the 2nd edition of the manual *Jak reagować na cyberprzemoc* (How to react to cyberbullying) among all public junior secondary schools in Poland
- » Participating in international projects: YPRT — Youth Protection Roundtable, MAPAP — Measurement and Analysis of Peadophile Activity in P2P networks, eNACSO — European NGO Alliance for Child Online Safety



Helpline.org.pl is a joint project of the Nobody’s Children Foundation and the Orange Foundation, co-funded by

the European Commission within the Safer Internet programme. Its main goal is to help children and young people threatened online. In 2009 the helpline’s consultants handled 1,521 reports from children, parents, and professionals.

## → Programme carried out since 2004

**Goals:** To assess the scale and characteristics of threats to children on the Web; to prevent risks to the youngest Internet users; to help children facing Internet-based threats

**Main activities:** Comprehensive efforts to improve children and young people’s safety on the Internet (research and analyses, education projects, media campaigns, telephone and online help); since 2005 within the European Commission’s Safer Internet programme

**Contact details:** 31 Katowicka street, 03–932 Warsaw, tel./fax +48 22 616 16 02 68, +48 22 616 03 14 [www.dzieckowsieci.pl](http://www.dzieckowsieci.pl)

## THE PROGRAMME IN NUMBERS:

- **3,500 professionals** took part in conferences and training programmes
- over **24,000 education packages** were distributed among schools
- more than **140,000 users** of the *Sieciaki.pl* website (**23,303** registered users in 2009)
- over **42,843 children** used e-learning courses
- more than **4,000 children**
- **1,521 reports** handled by *helpline.org.pl*
- more than **500,000 visits** on the programme’s websites

## IN 2009 THE PROGRAMME WAS FUNDED BY:



- European Commission, Safer Internet Programme
- Orange Foundation
- Warsaw City Hall
- Save the Children Sweden
- Velux Foundations

## Programme team in 2009:

**Programme coordinator:** Łukasz Wojtasik

**Coordinator of international projects:**

**Agnieszka Wrzesień**

**Specialist for education projects:** Julia Barlińska

**Specialist for multimedia projects:**

**Piotr Sajkowski**

**Coordinator of “Sieciaki.pl”:** Marcin Sołodki

**PR Specialist:** Katarzyna Zygmont-Hernandez

**Editor of *www.dzieckowsieci.pl*:**

**Jan Kowalski, Robert Makowski**

**Editors of “Sieciaki.pl”:** Małgorzata Krosnowska,

**Andrzej Piękoś**

**Coordinator of Helpline.org.pl:** Katarzyna Fenik

**Consultant, specialist for international cooperation,**

**Helpline.org.pl:** Marta Wojtas

**Consultants, Helpline.org.pl:** Agnieszka Kuczek,

**Agnieszka Pawłowska, Weronika Sobierajska**

# Childhood Without Abuse:

Toward a better child protection system in Central and Eastern Europe



childhood without abuse

## Activities in 2009:

- » Providing training for professionals to improve their skills in preventing child abuse and helping abused children
- » Organizing supervisions for professionals who help abused children
- » Participation of representatives of partner organizations in a congress of the British Association for the Study and Prevention of Child Abuse and Neglect in the UK, and in an international seminar “The Problem of Child Abuse in Eastern Europe” in Warsaw, site visits at local organizations and institutions supporting children and parents
- » Surveys of public attitudes toward corporal punishment of children in 7 countries
- » Surveys of teachers’ attitudes toward child abuse and their intervention experience in 7 countries
- » Running an English-language website, [www.canee.net](http://www.canee.net)
- » Opening the first child-friendly interview room in Ukraine and developing the Ukrainian version of the manual *How to interview children*, based on the Nobody’s Children Foundation publication (1)



## → Programme carried out since 2005

**Goals:** To improve the child protection system through efforts such as raising the competence of professionals responsible for intervention and helping child victims and their families, to raise public awareness

**Main activities:** Social campaigns, training, and supervisions provided by Polish and foreign experts; publications targeted at professionals, parents, and children

Representatives of organizations participating in the programme expand their knowledge and skills by taking part in conferences and site visits, and also organize such events for other professionals. The programme has been carried out in partnership with NGOs from Bulgaria, Lithuania, Latvia, Macedonia, Moldova, and Ukraine. Knowledge about the problem of child abuse and neglect in Central and Eastern Europe has been presented on an English-language website, [www.canee.net](http://www.canee.net)

**Contact details:** 31 Katowicka street, 03–932 Warsaw, tel./fax +48 22 616 02 68, +48 22 616 03 14, [europawschodnia@fdn.pl](mailto:europawschodnia@fdn.pl), [www.canee.net](http://www.canee.net)

## THE PROGRAMME IN NUMBERS:

- **21 supervisions** and **15 training courses** in the participating countries
- attended by more than **600 professionals**

## IN 2009 THE PROGRAMME WAS FUNDED BY:

- OAK Foundation
- Stefan Batory Foundation
- European Commission
- VA Strategic Communications
- Foundation’s own funds

## Programme team in 2009:

**Coordinator:** Maria Keller–Hamela

**Programme assistants:** Gabriela Roszkowska,

**Dorota Gajewska**

# Programme for unaccompanied and trafficked children



- Activities in 2009:**
- » Developing – in cooperation with the Ministry of Internal Affairs and Administration – the strategy for a prevention campaign on child trafficking, targeted at young people: developing lesson scenarios for secondary schools, training for pedagogic counsellors and psychologists from various regions of Poland (1)
  - » Training on how to identify trafficked children and intervene in such cases for border guards, police officers, and employees of crisis intervention centres and care-and-education institutions – in cooperation with the Ministry of Internal Affairs and Administration and the Ministry of Labour and Social Policy
  - » Establishing an Expert Council for Child Trafficking responsible for initiating and evaluating efforts aimed at developing a support system for trafficked children
  - » Launching and managing a website dedicated to the problem of child trafficking and unaccompanied children, [www.dzieciofiaryhandlu.pl](http://www.dzieciofiaryhandlu.pl)
  - » Developing an Alternative Report to the Polish government's report on the implementation of the Optional Protocol to the Convention on the Right of the Child on the sale of children, child prostitution and child pornography – in cooperation with the Helsinki Foundation for Human Rights and other organizations. The Report contains recommendations for the Polish government. It was presented to the Committee on the Rights of the Child on 15 June 2009 in Geneva
  - » Conducting research on the knowledge and attitudes of professionals who may have contact with trafficked children
  - » Developing an expert opinion about legal regulations concerning the problem of child trafficking
  - » Forming the Polish Coalition against Commercial Sexual Exploitation, being a member of the ECPAT International movement. Contributing to the implementation of a global campaign by ECPAT International and The Body Shop, Stop Sex Trafficking of Children and Young People.

**→ Programme carried out since 2004**

**Goals:** To prevent child trafficking through raising awareness and knowledge among professionals who deal with trafficked children and children at risk of trafficking, and through developing an effective help system and victim identification procedures

**Main activities:** Organizing and providing training for professionals, raising awareness through publications and a dedicated website, assessing the efficiency of the system for protecting child victims and children at risk, lobbying efforts for implementing model solutions and initiating a public debate about the situation of children threatened with commercial exploitation

**Contact details:** 31 Katowicka street, 03-932 Warsaw, tel./fax +48 22 616 16 02 68, +48 22 616 03 14 [ofiaryhandlu@fdn.pl](mailto:ofiaryhandlu@fdn.pl), [www.dzieciofiaryhandlu.pl](http://www.dzieciofiaryhandlu.pl)

**THE PROGRAMME IN NUMBERS:**

- **532 professionals** attended trainings about child trafficking

**IN 2009 THE PROGRAMME WAS FUNDED BY:**

- OAK Foundation

**Programme team in 2009:**  
*Coordinator: Gabriela Roszkowska*  
*Programme assistant: Dorota Gajewska*  
*Expert: Katarzyna Fenik*



# Training programme

- Activities in 2009:**
- » 6th National Conference on helping Child Victims of Crime (1)
  - » 3rd International Conference “Keeping Children and Young People Safe Online”
  - » 2nd National Conference on Preventing Abuse of Young Children
  - » 7th edition of a course on methods of working with sexually abused children, their families and caregivers (the course is recommended by the Polish Sexuological Society)
  - » 3rd and 4th editions of a course on preparing forensic psychological opinions in cases involving child witnesses (the course is recommended by the Polish Psychological Society)
  - » 1st edition of a course on diagnosis, intervention, and psychological help for sexually abused children (the course is recommended by the Polish Sexuological Society and the Polish Psychological Society)
  - » Training courses for police officers working at juvenile departments, within the Foundation's cooperation with the Police Training Centre in Legionowo
  - » Training courses on diagnosis and intervention in cases of emotional, physical, and sexual abuse
  - » Training courses on how to work with parents of young children
  - » Training courses on children's safety online
  - » Training courses on helpline counselling
  - » Training courses on child trafficking prevention
  - » Educating children on how to use the 116 111 helpline



**→ Programme carried out since 1993**

**Goals:** To raise professionals skills and competence in protecting children from abuse, helping abused children, keeping children safe online, preventing abuse of young children, and combating commercial sexual exploitation of children

**Main activities:** Training and conferences, detailed information are provided in sections describing individual programmes

**Contact details:** 31 Katowicka street, 03-932 Warsaw, tel./fax +48 22 616 02 68, +48 22 616 03 14, [daria.drab@fdn.pl](mailto:daria.drab@fdn.pl), [www.fdn.pl](http://www.fdn.pl)

**THE PROGRAMME IN NUMBERS:**

- **550 professionals** attended the 6th National Conference on Helping Child Victims of Crime
- **500 professionals** attended the 3rd International Conference “Keeping Children and Young People Safe Online”
- **250 professionals** attended the 2nd National Conference on Preventing Abuse of Young Children
- **20 psychologists and pedagogic counsellors** graduated from the course on methods of working with sexually abused children and their families
- **20 psychologists** graduated from the course on preparing forensic psychological opinions in cases involving child witnesses
- **20 psychologists** enrolled for the course on preparing forensic psychological opinions in cases involving child witnesses
- **40 psychologists and pedagogic counsellors** enrolled for the course on diagnosis, intervention, and psychological help for sexually abused children
- **240 police officers, psychologists, and pedagogic counsellors** graduated from training courses in diagnosis and intervention in cases of child abuse
- **700 psychologists and pedagogic counsellors** graduated from training courses on how to work with parents of young children
- **700 professionals** took part in training courses about child trafficking
- **3,500 persons** attended courses on children's safety online
- **100 professionals** graduated from training courses on helpline counselling
- **650 students** took part in classes devoted to helplines

# Social campaigns

## “GOOD PARENT – GOOD START”



### Campaign activities:

- » Creating **media** messages that promoted the idea of good parenting and warned against possible consequences of inattention in childcare (❶)
- » Displaying **posters** and **citylights** in Poland's largest cities (❷)
- » Developing education materials for parents: brochures and leaflets, including 10 Steps to Becoming a Better Parent, Instead of Spanking: How to Set Limits with Love and Respect, Stress: A Manual for Parents of Young Children, Please, Take Care of Me!, and Good Parent – Good Start.
- » Organizing 3 **competitions** for parents: Parents Have the Floor, a contest for the best rhyme, and a photographic competition Good Parent – Good Start.
- » Running the [www.dobryrodzic.pl](http://www.dobryrodzic.pl) **website**

→ **Time of campaign implementation: from mid March to mid June 2009**

**Goals:** To draw attention to the fact that parenting may be a difficult task, contrary to images of happy parents and smiling children promoted in the media; making parents with young children aware that they may seek support in difficult child-rearing situations

**Main activities:** Developing education and psychological support services for parents at the Praga Child and Family Centre, a place of meetings with parents and young children; thanks to cooperation with organizations in other towns and cities, parents all over Poland may take advantage of the campaign leaflets, brochures or website, [www.dobryrodzic.pl](http://www.dobryrodzic.pl)

**Contact details:** 59 Walecznych street, 03–926 Warsaw, tel./fax: +48 22 616 16 69, [dobryrodzic@fdn.pl](mailto:dobryrodzic@fdn.pl), [www.dobryrodzic.pl](http://www.dobryrodzic.pl)

### THE CAMPAIGN IN NUMBERS:

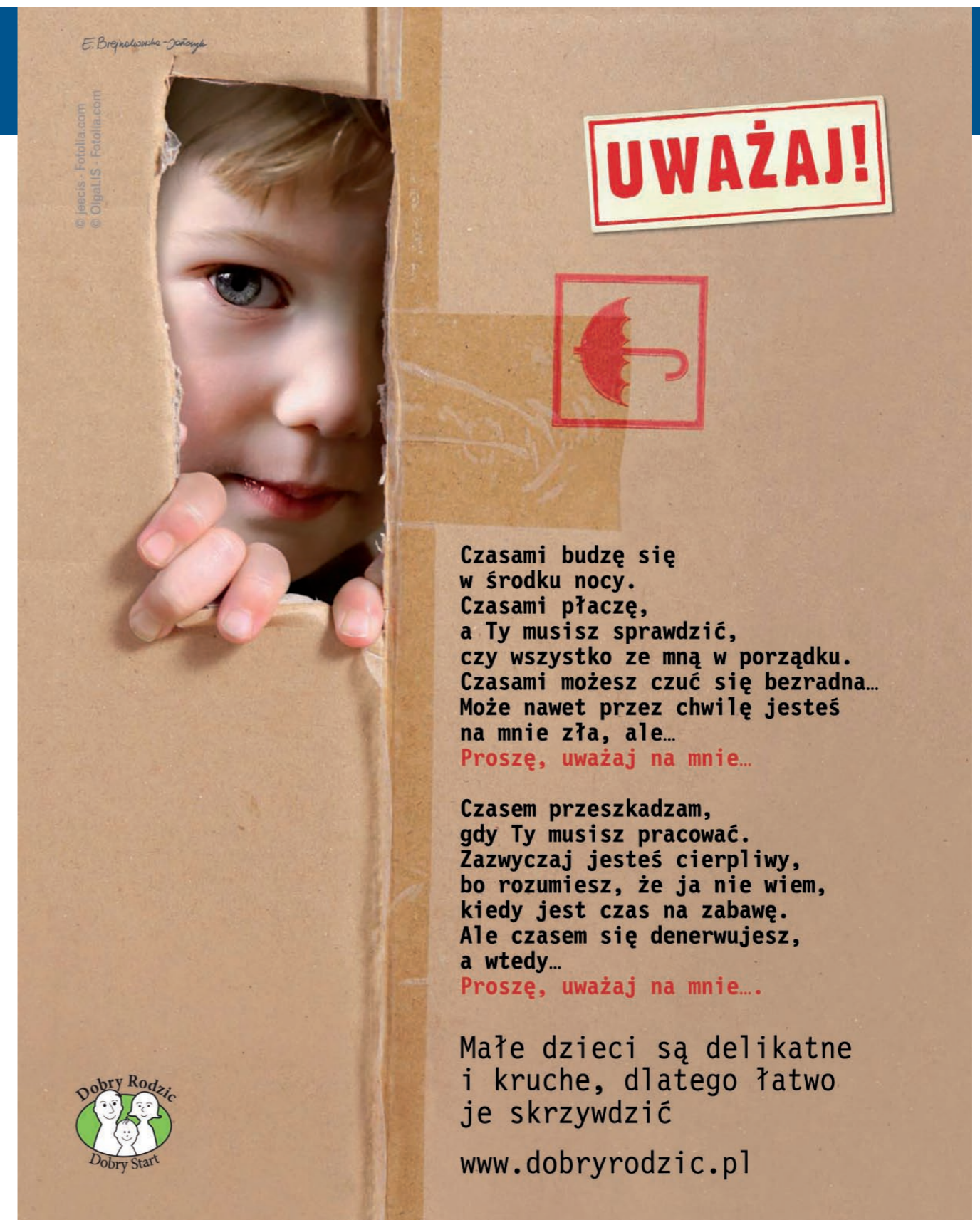
- The campaign's activities were carried out by **100 ambassadors** from all over Poland
- About **500,000 education materials** were distributed among parents
- **2 TV spots and 1 radio spot** were broadcast
- **Posters and citylights** were displayed in **10 towns and cities:** Białystok, Bydgoszcz, Gorzów Wielkopolski, Katowice, Lublin, Łódź, Poznań, Szczecin, Toruń, Trójmiasto, Warszawa, Wrocław

### IN 2009 THE PROGRAMME WAS FUNDED BY:

- Ministry of Labour and Social Policy
- Warsaw City Hall
- DDB Warszawa, advertising agency
- BRE Bank Foundation
- Foundation's own funds



❶



### Organizatorzy:



MINISTERSTWO PRACY  
I POLITYKI SPOŁECZNEJ



Miasto  
Stołeczne  
Warszawa

### Partner:



❷

# Social campaigns

## “CHILDHOOD WITHOUT VIOLENCE”

Kampania „Dzieciństwo bez przemocy” 

### Campaign activities:

- » Creating media messages that promoted the idea of childhood without violence (TV and radio spots ❶, advertisements and poster ❷)
- » Conducting a survey *Beating Children: Attitudes and Experiences of Adult Poles*
- » Recruitment of campaign ambassadors – local organizations and institutions that promoted the idea of the campaign in their areas of operation (by distributing materials, educating parents and professionals, organizing conferences, seminars, and training, and cooperating with local media)
- » Training for professionals about workshop work with parents to promote parenting without violence
- » Broad distribution of campaign materials (a poster, a leaflet *10 Steps to Becoming a Better Parent*, and a brochure *Instead of Spanking*), creating a set of publications for the campaign ambassadors (e.g., a special issue of the Foundation’s quarterly *Abused Child: Theory, Research, and Practice* [No. 28], re-edition of the poster-leaflet *Your Child’s Appeal*, additional copies of the book *Child Under the Umbrella of Law*)
- » Creating and running a website dedicated to the problem of corporal punishment of children, [www.dziecinstwobezprzemocy.pl](http://www.dziecinstwobezprzemocy.pl)
- » Organizing a photographic competition *Happy Childhood*

### → Time of campaign implementation:

media activities: June – July 2009

education activities: June – December 2009

Goals: Drawing the public’s attention to negative consequences of corporal punishment of children and promoting positive parenting methods

Main activities: Education campaign combined with professional training on positive management of children’s behaviour, targeted at parents, caregivers, teachers, and other persons responsible for childcare

Contact details: 31 Katowicka street, 03-932 Warsaw, tel./fax +48 22 616 02 68, +48 22 616 03 14, [dziecinstwobezprzemocy@fdn.pl](mailto:dziecinstwobezprzemocy@fdn.pl), [www.dziecinstwobezprzemocy.pl](http://www.dziecinstwobezprzemocy.pl)

### THE CAMPAIGN IN NUMBERS:

- Campaign activities were carried out by **517 ambassadors** from all over Poland
- More than **390,000 copies of education materials** for parents and professionals were distributed
- Nearly **700 professionals** were trained across Poland
- **7 local conferences** for nearly **1,400 people** were organized

### IN 2009 THE PROGRAMME WAS FUNDED BY:

- Ministry of Labour and Social Policy
- Velux Foundations
- McCann Erickson, advertising agency
- Foundation’s own funds

### CAMPAIGN PARTNER

- National Helpline for Victims of Domestic Violence “Blue Line”

### PATRONAGE

- The State Agency for Prevention of Alcohol Related Problems (PARPA)



Organizatorzy kampanii:



Partner kampanii:



Patron kampanii:



# Research programme, Quarterly, Master's thesis competition

## RESEARCH PROGRAMME

In 2009 the following projects were completed within the Foundation's research programme:

- » *The problem of sexual abuse of children in residential care institutions* – within the Daphne III programme; the sample: children living in Warsaw residential care institutions, ages 15–18, and institutional staff members. The report from the study will be published in 2010.
- » *Beating children: Attitudes and experiences of adult Poles within the Childhood without Violence* campaign; a representative sample of adult Poles. The research was conducted pro publico bono by Millward Brown SMG/KRC. The report from the research is available on [www.dziecinstwobezprzemocy.pl](http://www.dziecinstwobezprzemocy.pl)
- » *Victimization of young people*, within the programme “Prevention of and Fight against Crime”, a representative sample of Internet users ages 15–18. The report from the study will be published in 2010.

Coordinator of the research programme:  
Monika Sajkowska

IN 2009 THE PROGRAMME WAS FUNDED BY:

- European Commission
- Velux Foundations
- OAK Foundation

## THEORY, RESEARCH, AND PRACTICE

In 2009 four issues of the Foundation's quarterly, Abused Child: Theory, Research, and Practice – published since 2002 – came out:

- No. 1/26 — Cyberbullying
- No. 2/27 — How to develop a local system for preventing abuse of young children?
- No. 3/28 — Corporal punishment in child-rearing
- No. 4/29 — Sexual abuse of children

Editorial team:  
Editor in Chief: Monika Sajkowska  
Editorial Secretary: Marzena Polańska

IN 2009 THE QUARTERLY WAS FUNDED BY

- Orange Foundation
- European Commission
- Word Childhood Foundation
- British Embassy



## MASTER'S THESIS COMPETITION

In February 2010 the jury of the 10th edition of the competition for the best master's thesis met to select the winners. The jury awarded the following prizes:

**1st place** — Agnieszka Sikorska-Koza for *Psychological and research criteria for assessing credibility of witnesses' testimonies versus individual criteria used by expert psychology witnesses*, written under supervision of professor Jan M. Stanik in the Psychology Institute of the Silesian University;

**2nd place** — Magdalena Leśniewska for *The role of child*

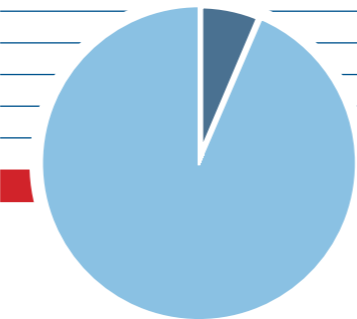
*sex offenders' sexual fantasies in the origin and mechanism of the development of paedophile behaviour tendencies*, written under supervision of professor Maria Beisert in the Psychology Institute of the Adam Mickiewicz University in Poznan;

**Special award** — Elwira Maria Konieczna for *Positive stereotype and credibility of children's testimonies*, written under supervision of professor Szymon Emilia Draheim in the Psychology Institute of the Adam Mickiewicz University in Poznan.

# Financial report

## FUNDS ALLOCATED FOR THE NOBODY'S CHILDREN FOUNDATION'S PROGRAMMES IN 2009:

European Commission – Safer Internet Programme	626 322,90
European Commission – Prevention of and Fight against Crime	426 156,34
European Commission – Daphne	149 197,35
European Commission – AGIS	17 806,61
Warsaw City Hall – institutions helping abused children and their families	216 861,64
Warsaw City Hall – Internet programme	65 000
Praga Południe District Office – Praga Programme	72 990
Warsaw City Hall – programme "Good Parent – Good Start"	58 063,68
Białotłęka District Office – "Good Parent – Good Start" programme	12 000
Ministry of Internal Affairs and Administration	199 454,81
Non-for-profit activity	127 582,38
Villum Kann Rasmussen Foundation	737 334,27
Orange Foundation	544 613,41
Donations of 1% of income tax	553 578,99
Foundation Terre des Hommes	306 968,69
OAK Foundation ( <i>funds distributed among 7 countries participating in the project</i> )	666 77,60
Childhood Foundation	482 755
Save the Children Sweden	79 032,33
Trust for Civil Society	8 560,68
Exemplary damages	84 385,07
EOG Financial Mechanism	34 104,80
Ministry of Justice	45 000
La Voix de l'Enfant	55 261,38
Pioneer PEKAO TFI S.A.	10 000
The Stefan Batory Foundation	50 870
BRE Bank Foundation	71 300
The Comenius Foundation for Child Development	17 000
British Embassy	5 857,88
Landeszentrale fuer Medien	30 395,25
Mazowieckie Province Office	20 000
TU Europa S.A.	5 000
Deutsche Bank Polska	11 000
Open – up sp. z o.o.	14 500
Domański Zakrzewski Palinka Sp. Kom.	12 000
Income from companies	370 190
Donations from individuals	39 579,19
Donations from companies / other	22 190,86
Bank interest	6 308,79




### Our expenditures in 2009

In 2009 administrative expenditures constituted **7,38 %** and outlays on statutory activity – **92,62 %** of the Foundation's overall cost of primary activity.

## SUPPORT IN KIND

Ministerstwo Pracy i Polityki Społecznej	MillwardBrown SMG/KRC	Nikon	I OKI J. Lipczyński, P. Lipczyński Sp. j.
Va Strategic Communications	Bank żywności SOS	Lego	EUN PARTNERSHIP ISBL
DDB Warszawa	Wydawnictwo Media Service Zawada	CD Projekt	BOOKMARK INTERNATIONAL Sp. z o.o.
McCann Erickson	Nicolas Games	Granna	OPOLGRAF S.A.
Agora	Pentel	Cite Grażyna Kita	Zakład produkcji i handlu „Kinga”
Gemius SA	Arcabit	Gry online S.A.	Poltex Sp. z o.o.
Microsoft	Techland	MAPAL Narzędzia Precyzyjne Sp. z o.o.	Polska Telefonia Cyfrowa Sp. z o.o.
Velux Polska Sp. z o.o.	Bayer	Axel Springer Polska Sp. z o.o.	
Egmont Polska Sp z o.o.	Corbis	Progress Services Sp. z o.o.	
Nasza Księgarnia	Monolith	IMP Design and Build Sp. z o.o.	

PARTNERS	THE NOBODY'S CHILDREN FOUNDATION'S PARTNER IN THE AREAS OF TRAINING AND CONSULTING THE FOUNDATION'S TEAM		THE NOBODY'S CHILDREN FOUNDATION'S PARTNER IN THE AREA OF PUBLIC RELATIONS	
				
SPONSORS				
				
				
				
				
				

SUPPORT IN KIND				
				
				
				
				
Cite Grażyna Kita	Axel Springer Polska Sp. z o.o.	I OKI J. Lipczyński, P. Lipczyński Sp. j.	OPOLGRAF S.A.	Polska Telefonía Cyfrowa Sp. z o.o.
Gry online S.A.	Progress Services Sp. z o.o.	EUN PARTNERSCHIP ISBL	Zakład produkcji i handlu „Kinga”	
MAPAL Narzędzia Precyzyjne Sp. z o.o.	IMP Design and Build Sp. z o.o.	BOOKMARK INTERNATIONAL Sp. z o.o.	Poltex Sp. z o.o.	

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Michał Szymańczak – *Consultant*

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Karol Wójcik – *administrative employee*  
Anna Wójcik – *administrative employee*

#### COVER PICTURE

Anna Onopiuk  
[The photo won a prize in the photographic competition "Happy Childhood", organized by the Nobody's Children Foundation in 2009.]

#### DESIGN & DTP

Olga Figurska, [www.lunatikot.pl](http://www.lunatikot.pl)

#### Nobody's Children Foundation

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03-926 Warsaw  
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[www.fdn.pl](http://www.fdn.pl)

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