



2013 Annual Activity Report



Nobody's Children Foundation, 2013 Annual Activity Report

The Nobody's Children Foundation exists to ensure a safe childhood to every child. We protect children from abuse and help child victims.

We carry out our mission by:

- Teaching adults how to treat children without abuse
- Showing them what to do when they suspect a child might have been abused
- Teaching children how to avoid violence and abuse
- Offering psychological and legal help to abused children and their caregivers
- Modifying the Polish law to ensure the best possible protection of children's interests.

In 2013 the Foundation carried out the following programmes and projects:

“MAZOWIECKA” Child Advocacy Centre

Programme carried out since 2003.

Goals: To provide interdisciplinary help for child victims and their families or caregivers

Main activities: psychological, psychiatric, and legal help for child victims and their families, supporting professionals who help child victims.

Programme activities in 2013:

- Providing psychological and pedagogical consultations, psychiatric consultations, legal advice, and individual therapy for child victims, their parents and caregivers. Crisis interventions in cases of suspected crimes against children (especially child sexual abuse and physical abuse)
- Consultations for professionals (pedagogic counsellors, psychologists, probation officers, health care professionals, and social workers) who identify or suspect child abuse or crimes against children
- Providing two editions of a course on preparing forensic psychological opinions in cases involving children (180 hrs, 40 graduates)
- 3 meetings of the “Psychology Expert Club” for 40 participants
- Meetings and training for students of the Warsaw Medical University on preventing child abuse (155 hrs, about 650 participants)
- Training for criminal judges, prosecutors, psychology expert witnesses, school nurses and other professionals from all over Poland (about 1000 participants)
- Running a 3 psycho-educational groups for parents and two socio-educational groups for children (62 participants)
- Running individually or in groups meetings for children and parents; preparing for interviewing children witnesses (89 participants)
- Supervision for professionals of the Warsaw Network for Helping Children
- Supervision for psychology expert witnesses, social workers,

orphanage workers and children's hospital employees in Józefów

- Running a Child Friendly Interview Room (104 interviews)
- Welfare services for the centre's clients (about 150,000 PLN)
- Implementing the programme “Child Victim Advocate”
- Coordinating the Warsaw Network for Helping Children
- Implementing trainee programme
- Implementing forensic psychological researches

The programme in numbers in 2013:

- 1,625 individual meetings (diagnostic, therapeutic and consulting sessions with a psychologist/therapist) with children
- 1,744 individual meetings (diagnostic, therapeutic and consulting sessions with a psychologist/therapist) with adults
- about 600 supervisions and individual consultations for professionals (personal and on the phone)
- 570 legal consultations (personal and on the phone)
- 164 psychiatric consultations for children, young people, and parents

In 2013 the programme was funded by:

- Warsaw City Hall, Social Policy Bureau
- Ministry of Justice
- Velux Foundations
- BPH Bank
- Accor
- Compensatory damages
- European Commission
- 1 % of personal income tax

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Child: Witness with Special Needs

Programme carried out since 2002

Goals: To improve the situation of children participating in legal procedures through educating professionals and raising their awareness

Main activities: Granting certificates to Child Friendly Interview Rooms to improve the standard of facilities where children are interviewed; providing training for judges, prosecutors, police officers, expert witnesses, psychologists and pedagogic counsellors on how to prepare children for interviews and training designed to improve their interviewing skills; publishing materials targeted at professionals, parents, and child witnesses.

Programme activities in 2013:

- Granting certificates to Child Friendly Interview Rooms
- Preparing and publishing e-learning programme: "Child: Witness with Special Needs" and training movie "Child interview: less questions, more answers"
- Adapting the brochure "When your child is a witness"
- Organization of the 10th National Conference on Helping Child Victims of Crime
- Conducting empirical researches
- Running a webpage on protecting children involved in criminal procedures
- Preparing and distributing brochures about Child Friendly Interview Rooms

The programme in numbers in 2013:

- 11 new certified Child Friendly Interview Rooms (71 certificates have been granted altogether)
- 600 professionals from all over Poland took part in the 10th National Conference on Helping Child Victims of Crime
- More than 1500 copies of e-learning programme "Child: Witness with Special Needs", 2200 copies of training movie "Child interview: less questions, more answers" and 2000 copies of brochures "When your child is a witness" were distributed
- Almost 600 subscribers to the newsletter from www.dzieckoswiadek.fdn.pl

In 2013 the programme was funded by:

- European Commission
- Ministry of Justice
- Warsaw City Hall
- Velux Foundations
- US Embassy
- Swedish Embassy
- OAK Foundation

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Warsaw Network for Helping Children



Programme carried out since 2010

Goals: To extend access to assessment/diagnosis and intervention in cases of suspected sexual abuse and to psychological help for sexually abused children

Main activities: Assessment/diagnosis, intervention, and psychological help in cases of child sexual abuse; consultations for parents and professionals in situations of child sexual abuse.

Programme activities in 2013:

The Warsaw Network for Helping Children comprises 22 institutions providing psychological help in cases of child sexual abuse, located all around Warsaw. The Network's activities are coordinated by the Nobody's Children Foundation. Therapists from

the Mazowiecka Child Advocacy Centre have trained psychologists and pedagogic counsellors working at the Network's institutions and conducted supervision sessions for them. Furthermore, the Mazowiecka Centre organizes training, workshops, and seminars for professionals from the Network's institutions. Once in two months special meetings are organized to monitor programme coordinators and representatives of the Social Policy Bureau and Education Bureau of the Warsaw City Hall.

In 2013 the programme was funded by:

- Warsaw City Hall
- Foundation's own funds

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“Good Parent – Good Start”

Programme carried out since 2007

Goals: To protect young children (0–6) from abuse by supporting and educating their parents/caregivers in parenting without violence; to promote good parenting.

Main activities: Direct support for parents with young children (education, psychological help, workshops); support for professionals working with parents of young children; supporting interdisciplinary work.

Programme activities in 2013:

- Direct help for families with high risk of young children abuse (consultations, workshops, educational meetings, Active Mondays, an away-from-home therapeutic and educational session, online counselling centre, website)
- Direct help for children who have experienced abuse
- Local System for Preventing Abuse of Young Children operating in 16 districts of Warsaw: Praga-Południe, Praga-Północ, Bródno, Włochy, Targówek, Białołęka, Wawer, Wesoła, Wola, Ochota, Żoliborz, Wilanów, Ursynów, Rembertów, Mokotów, and Śródmieście
- Training and supervision for professionals (social workers, nurses and midwives, psychologists, police officers, and probation officers)
- 6th National Conference “Preventing Abuse of Young Children” in Warsaw
- Meetings and training for students of the Warsaw Medical University on preventing abuse of young children
- Organization of parenting skills workshops (“Without Spanking”, “Being a Mum”, “Toddlers”, “Family as a Team”, “Empower Your Child”, “Effective Parent”, “Being a Grandma, being a Granpa”, “I’m a Mother, a Self-Aware Woman”, “About young children sexuality”, “I know already what to do”)
- Carrying out the “Volunteer in the Family” project
- Activities of the Coalition for Preventing Abuse of Young Children with 241 members
- Developing and distributing publications for parents: Safe Bond (reprint), Let’s Grow Together (reprint), Without Spanking (reprint), 10 steps to become a good parent

(reprint), Safe kid (reprint), Your child’s appeal(reprint), How to support families with young children, Attention, child!, We protect children (textbook), leaflets for grandparents, educational meetings scripts and quarterly magazine Inspiring practices of supporting families and parenting.

- Running a webpage www.dobryrodzic.fdn.pl
- Running a trainee programme

The programme in numbers in 2013:

- 1,337 psychological, psychiatric, and legal consultations for parents and children
- 22 education meetings attended by 155 parents
- 17 Active Mondays attended by 103 parents and 103 children
- 24 parenting skills workshops attended by 216 parents
- 22 training courses attended by 679 professionals
- 376 participants of the National Conference “Preventing Abuse of Young Children”
- Additional printing and distribution of about 156,000 leaflets for parents
- 75,000 visits on the programme’s website, www.dobryrodzic.fdn.pl
- 19 trainees in the trainee programme

In 2013 the programme was funded by:

- World Childhood Foundation
- Velux Foundations
- Warsaw City Hall, Social Policy Bureau
- OAK Foundation
- European Commission
- Department of Social Affairs and Health Care at district offices at: Praga Południe, Bemowo, Wawer, Rembertów, Żoliborz, Wesoła, Mokotów, Ursynów, Śródmieście, Ochota, Włochy

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“We Protect Children”



Programme carried out since 2010

“We Protect Children” is an original child abuse prevention programme carried out by the Nobody’s Children Foundation in cooperation with the local authorities.

The main idea of the programme is to grant certificates to education and care institutions to attest their conformity with child protection standards. In 2013 the programme was targeted at Warsaw’s nurseries, kindergartens in the Praga-Południe, Mokotów and Żoliborz districts. To programme joined 29 institutions from Praga Południe district, 62 nurseries, 14 kindergartens from Mokotów district, and 13 residential care institutions.

Programme activities in 2013:

- Training for professionals on topics including: assessment and intervention in cases of child abuse, standards of implementing a child protection policy in institutions, legal aspects of child protection, and preparation for conducting classes for children and parents
- Supervisions for professionals working at residential care institutions

- Organization of monitoring meetings for programme implementers
- Preparing certification side
- Preparing e-learning programme and handbooks for professionals

The programme in numbers in 2013:

- 14 training courses for professionals working in nurseries, kindergartens, and residential care institutions
- 460 trained professionals

In 2013 the programme was funded by:

- Warsaw City Hall
- OAK Foundation
- Mokotów District Office
- Żoliborz District Office
- Velux Foundations
- Ministry of National Education

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116 111 Helpline for Children and Youth



Programme carried out since 2008

Goals: To help children and young people in need of support, care, and protection; to improve callers’ safety.

Main activities: Telephone and online support for children and young people in difficult situations, education and promotion efforts encouraging young people to seek help and use the helpline’s services.

Programme activities in 2013:

- Operating a free helpline 116 111, 7 days a week, from 12.00 to 20.00
- Running the programme’s website www.116111.pl
- Anonymous online counselling for persons who used the “Ask us a question” bookmark on www.116111.pl
- Preparing and distributing educational packages of the 116 111 Helpline (lesson plans, posters, leaflets-bookmarks) for schools and residential care institutions in Poland, representatives of the police, and 116 111 Helpline Ambassadors
- Developing and implementing 2 one-year trainee programmes in the 116 111 Helpline for Children and Youth, and a summer trainee programme in online help
- Organizing a celebration of the International Child Helpline Day
- Organizing a competition for children on the occasion of the International Child Helpline Day
- Participating in picnics and educational meetings for children and parents
- Providing lectures and workshops for professionals on the

services of the 116 111 Helpline and educational tools to be used when working with children and young people

The programme in numbers in 2012:

- 105,149 phone calls from children and young people (answered by 6 consultants working simultaneously)
- 6,464 online consultations via the programme’s website, www.116111.pl
- 93 interventions in situations threatening the life or health of persons contacting the 116 111 team
- Taking part and presenting the 116 111 Helpline’s services during 56 conferences and training courses for professionals in Poland and abroad
- Participating in a working group Data Project Group CHI

In 2012 the programme was funded by:

- Ministry of Internal Affairs
- BRE Bank Foundation
- Velux Foundations
- European Commission
- Energa
- The Body Shop
- Mercedes-Benz
- Warsaw City Hall
- 1% personal income tax

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“Child in the Web”

Programme carried out since 2004

Goals: To assess the scale and characteristics of online threats to children; to prevent risks to the youngest internet users; to help children who face online threats.

Main activities: Research and analyses, education projects, media campaigns, telephone and online help.

Programme activities in 2013:

- A media campaign on the occasion of the Safer Internet Day “I surf, I respect”
- A media campaign “Controlled purchase”
- Organising conference “Children and young people safety in Internet”
- A campaign on protecting children’s privacy, “Think Twice Before Uploading!”
- Developing and conducting e-learning courses for children and young people: “Gdzie jest Mimi?” (Where is Mimi?), “Lekcja bezpieczeństwa” (Safety lesson), “Dbaj o fejs” (Take care of face)
- Organizing a series of picnics “Sieciaki na wakacjach” (Web Kids on Holiday) and coordinating project “Sieciaki w Twoim mieście” (Web Kid in your hometown)
- Preparing and distributing scripts of lectures about safe using new technologies “Sieciaki.pl”, “Digital competences training”
- Youth Panel – consulting meetings with young people
- Providing lectures and workshops about children safety in Internet for professionals

- Co-organizing the International Conference on Keeping Children and Young People Safe Online, as well as fairs and forums within the national celebration of the 2013 Safer Internet Day
- Publishing and distributing Numa Numa, a magazine addressing issues related to online safety.

The programme in numbers in 2013:

- Almost 4,000 professionals attended training and conferences
- More than 28,000 new registered users of Sieciaki.pl
- Over 36,000 children used e-learning courses
- More than 12,000 children took part in educational picnics
- 3,300 reports were handed by Helpline.org.pl

In 2013 the programme was funded by:

- European Commission
- Orange Foundation
- Warsaw City Hall
- Microsoft
- Ministry of National Education
- Ministry of Administration and Digitization
- Google

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Childhood without Abuse

Programme carried out since 2005

Goals: To improve the child protection system in countries of Eastern Europe through raising professionals’ skills, helping child victims and their families, and raising public awareness

Main activities: Social campaigns, training, and supervisions provided by Polish and foreign experts; publications targeted at professionals, parents, and children; participating in conferences and study visits. The programme has been carried out in partnership with NGOs in Bulgaria, Lithuania, Latvia, Moldova, and Ukraine. Running an English-language website www.canee.net

Programme activities in 2013:

- “Good Words” campaign in Poland
- “Bad Tradition” campaign in Bulgaria, Moldova and Latvia – based on the campaign carried out by NCF in 2012
- “Words may hurt for life” campaign in Bulgaria, Ukraine, Latvia and Lithuania

- Organizing and coordinating project meetings
- Training courses and supervisions for professionals
- Running an English-language website www.canee.net
- Developing, publishing and distributing the project newsletter

The programme in numbers in 2013:

- supervisions and training courses for 1,162 professionals
- 9,625 visits on www.canee.net

In 2013 the programme was funded by:

- OAK Foundation
- European Commission
- RITA

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Preventing Commercial Exploitation of Children

Programme carried out since 2004

Goals: To prevent commercial child exploitation through raising awareness and knowledge among professionals and the general public

Main activities: Organizing and providing training for professionals, raising awareness through publications and a dedicated website, assessing the efficiency of the system for protecting child victims of trafficking and children at risk, lobbying efforts for implementing model solutions and initiating a public debate about the situation of children threatened with commercial exploitation

Programme activities in 2013:

- Training courses for professionals about commercial exploitation of children (policemen, teachers, tourist trade workers)
- Participating in the activities of the Working Group of the Ministry of Internal Affairs' Team for Combating and Preventing Human Trafficking and of the Experts Group on Prevention.
- Participating in seminars and conferences about Preventing Human Trafficking and Problem of foreign children without custody and refugees
- Publishing ECPAT International's brochure on preventing sexual exploitation of children in tourism, leaflet about code of conduct
- Cooperation with Mazowieckie Province Team on prevention human trafficking
- Participating in conferences and thematic training

- Launching the international project "Don't look away. Be aware and respond to sexual exploitation of children in tourism"
- Conducting researches due to project "Mario" about children under custody who have experienced or are endangered by migration.
- Running a website www.stopwykorzystywaniu.fdn.pl and www.kodeks.fdn.pl

The programme in numbers in 2013:

- Above 500 participants in training on child trafficking and commercial exploitation of children
- 1,000 copies of educational materials

In 2013 the programme was funded by:

- Ministry of National Education
- OAK Foundation
- Orbis Hotel Group
- ECPAT International
- European Commission
- SABRE
- EuropeAid
- Foundation for Polish-German Cooperation

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Grant Programme

From 2010 to 2013 the Nobody's Children Foundation carried out a grant programme "Safe Childhood", funded by the Velux Foundations. The programme was targeted at NGOs that support local communities in protecting children from violence and abuse. The "Safe Childhood" programme supported the implementation of projects in the areas of keeping children safe online, preventing abuse of young children, and helping child victims of crime and abuse.

Programme activities in 2013:

- 1st edition of the „Safe Childhood” grant competition 2013/2014
- Summing up the 2010–2012 programme

The programme in numbers:

- 216 applications for the 2012 „Safe Childhood” competition

The programme was funded by:

- Velux Foundations

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Legal Department

Goals: To provide legal help for the Foundation's clients and in-house legal advice/services.

Main activities: Personal, telephone and online consultations for the Nobody's Children Foundation's clients; handling the legal aspects of the Foundation's programmes and undertaking legal interventions.

Activities in 2013:

- Direct help for parents/caregivers of child victims and children involved in legal procedures
- Handling the legal aspects of the NCF's programmes
- Lobbying for changes in the child protection law
- Training for professionals
- Legal workshops for parents of child victims of crime
- Participating in the work of the Monitoring Team for Counteracting Domestic Violence at the Ministry of Labour and Social Policy
- Carrying out the project "Child Victim Advocate"

- Participating in Interdisciplinary Team and working groups at Targówek District projects
- Coordinating Foundation's activities due to "Week Of Aid To Victims Of Crime"
- Performing Curator ad litem functions
- Preparing publications about children legal protection
- Coordinating NFC's experts council meetings

The programme was funded by:

- Batory Foundation
- LexisNexis Publisher
- Warsaw City Hall
- Ministry of Justice
- Veluxa Foundations

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Research Department

Goals: To expand knowledge about child abuse; to prepare assessments and expert evaluations for programmes carried out by the Nobody's Children Foundation.

Main activities: Research conducted by the NCF includes local studies as well as national and international research programmes, which enables the Foundation not only to observe trends in children's situation in Poland, but also to compare Polish data with findings from other European countries. Within its research activity, the Foundation cooperates regularly with experts and research institutions in Poland and abroad.

Activities in 2013:

- EU-NET-ADB – a study on Internet addiction among adolescents (aged 15–16); analysis and publication of findings from the study
- National assessment of violence against children – a survey of 1005 children and young people aged 11–17: developing research tools, conducting a pilot study, conducting the survey
- "SocialWeb-SocialWork" – establishing evaluation forms, interviewing and preparing reports

- "Lost Children" – assessment of the problem in Poland within an international project
- Evaluating the social campaigns carried out by the NCF
- Coordinating researches and preparing reports about beliefs of using physical punishment in six East-Central Europe countries
- "Grandparents and grandchildren. Common history"- qualitative interviewing and preparing reports
- Child participation- interviewing and preparing reports
- Group interviewing about positive communication between parents and children, preparing reports

The programme was funded by:

- European Commission
- Ecorys

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Child Abused. Theory, Research and Practice.

Dziecko krzywdzone

“Abused Child. Theory, Research and Practice” is the periodical published by Nobody’s Children Foundation. The quarterly journal has an interdisciplinary character. Its main goal is to broaden knowledge of professionals, such as psychologists, educators, pediatricians and other medical professionals, lawyers, policy makers and others, about different aspects of child abuse. In the journal the most relevant theoretical concepts, empirical data and information about innovative activities of diagnostic, therapeutical and preventing character are presented. The goal of the periodical is to establish form of sharing experiences concerning combating child abuse, sharing good practice and information about important events like conferences congresses, training and publications in this field. “Child Abused” cooperate with international periodicals engaged in children abuse problem- “Child Abuse & Neglect” and “Child Maltreatment”.

“Abused Child. Theory, Research and Practice” is found on the Ministry of Science and Higher Education list (part B, 6 points).

Quarterly issues in 2013:

Vol.12 Nr 1 Young people online. Between preventing danger and building potential.

Vol.12 Nr 2 Inspiring practices compendium. Early intervention and prevention of supporting families and parenting.

Vol.12 Nr 3 Polish nationwide assessment of children abuse problem.

Vol.12 Nr 4 Selected aspects of children abuse problem.

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Public Relations Department

Goals: To create the NCF’s image, to support the Foundation’s programmes through media activities and activities targeted at the general public

Main activities: Organizing events related to the Foundation’s activity; coordinating media campaigns; media relations, branding

Activities in 2013:

- Coordinating the social campaign “Grandparents and grandchildren. Common history”
- Coordinating the social campaign “Empower Your Child”
- Organizing NCF stand at festivals, conferences and other events

- Organizing the 2nd Alina Margolis-Edelman Award Ceremony and a memorial meeting for A. Margolis-Edelman
- Running a webpage www.fdn.pl, fanpage on [facebook.com/FundacjaDzieciNiczyje](https://www.facebook.com/FundacjaDzieciNiczyje) and channel on [YouTube.com/DzieciNiczyje](https://www.youtube.com/DzieciNiczyje)

2013 in numbers:

- 3,658 media publications

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