



# Report 2008





# Report 2008

**Dear Sirs and Madams,**

**The year 2008 was very important for the activities and development of our Foundation. It was a year of continuation, challenges, and launches of new programmes.**

## Table of contents

Introduction	01	
The calendar of Nobody's Children Foundation	02	
Institutions helping abused children and their families	03	
Protecting Children in Legal Procedures	04	
Safer Internet Academy	06	
Childhood without Abuse – toward better child protection system in Eastern Europe	08	
Good Parent - Good Start	10	
Programme for unaccompanied foreign children and victims of child trafficking	12	
Helpline for Children and Youth 116 111	13	
Praga Programme	14	
Social campaigns	15	
Publishing programme	16	
Training programme	16	
Financial report	17	
Sponsors	18	

**The Nobody's Children Foundation** has been active since 1991. It is a non-profit non-governmental organization.

The Foundation's main goals include protecting children from abuse and helping child victims of abuse and neglect, their families and caregivers.

We started up the Praga Child and Family Centre, choosing Alina Margolis-Edelman, the founder of our Foundation, as its patron. Thus, since 2008 we have run three facilities in Warsaw: at Walecznych street, Mazowiecka street, and Obrońców street. In cooperation with Polkomtel SA, in November 2008 we launched the Telephone Helpline for Children and Youth 116 111; in this way Poland, as the 5th EU member state, has implemented the European Commission's recommendations concerning free telephone services.

In our help centres psychologists, pedagogical counsellors and lawyers supported child victims of crime and abuse, their caregivers, and other professionals working with and for children. 147 child witnesses were interviewed in the child friendly interview room at the "Mazowiecka" Child Advocacy Centre. Together with the Ministry of Justice we launched a procedure of certifying such facilities and granted the first certificates to institutions meeting the standards of child friendly interviewing. The past year saw dynamic development of the 'Good Parent – Good Start' programme, which was launched only one year ago. The Safer Internet Academy continued its activities.

In 2008, together with our partners, we organized two social campaigns in Poland: "Stop Cyberbullying" and "I Love. I React". In 6 countries of Central and Eastern Europe, in cooperation with our partner organizations, we carried out the "See It, Hear It, Say It" campaign.

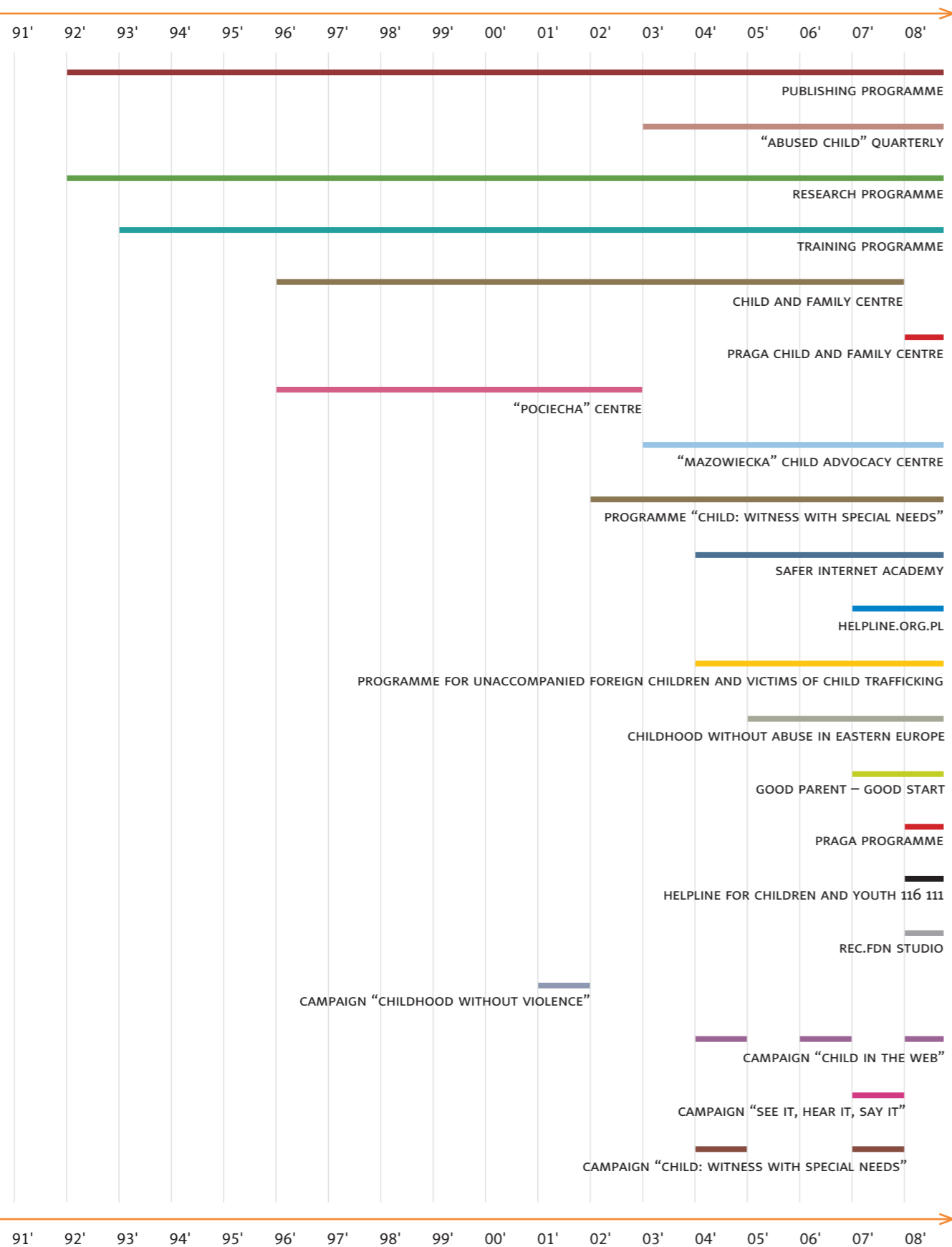
Thousands of professionals participated in conferences and training courses organized by the Foundation in 2008, addressing various aspects of child abuse. Numerous Polish and international experts shared their knowledge and experience with conference and training participants.

Hundreds of thousands of our leaflets, brochures, posters, and books were distributed among children, parents, caregivers, and professionals whom we keep educating and informing.

We are glad to provide you with a report describing our activities in 2008. We are happy to have helped many children, making their world more friendly. Please feel invited to cooperate with us!

*Monika Sajkowska*

**Monika Sajkowska**  
Managing Director, Nobody's Children Foundation



## Institutions helping abused children and their families

### "MAZOWIECKA" CHILD ADVOCACY CENTRE



The "Mazowiecka" Child Advocacy Centre operates in collaboration with courts, prosecutor's offices, and the police. The Centre's services include:

- » crisis interventions in cases of crimes against children (especially child sexual abuse and violence);
- » a child-friendly interview room;
- » free psychological and legal assistance (consultations, treatment, support

groups) for child victims of crime and their families;

- » consultations, training and supervisions for professionals dealing with the problem of child abuse (Psychology Expert Club, Family Probation Officer Club);
- » developing forensic psychological opinions for courts and prosecutor's offices, acting as expert witnesses in cases involving crimes against children;
- » internship programme for students and graduates.

*The Team of the „Mazowiecka” Child Advocacy Centre in 2008:*  
 coordinator: Jolanta Zmarzlik  
 psychologists: Alicja Budzyńska, Marcin Czarnocki, Renata Katucka, Beata Pawlak-Jordan, Magdalena Zawadzka,  
 pedagogical counsellors: Beata Ciejka, Mirosława Gorgol-Bujalska  
 psychiatrists: Irena Kornatowska, Joanna Krzyżanowska-Zbucka  
 lawyers: Justyna Podlewska, Marcin Skiba, Jowita Cieślak  
 front office: Daria Drab, Katarzyna Farecka, Grażyna Sawicka, Katarzyna Tyrluk

→ **Programme carried out since 2003**

**Goals:** To provide psychological, legal, and medical support for child victims and their families or caregivers

**Main activities:** Psychological, psychiatric, and legal help for child victims and their families, supporting professionals

**Contact details:** 12/25 Mazowiecka street, 00-048 Warszawa, tel./fax: +48 22 826 88 62, fax: +48 22 826 14 34, mazowiecka@fdn.pl

#### THE PROGRAMME IN NUMBERS:

In 2008 the "Mazowiecka" Child Advocacy centre provided:

- 1153 therapeutic and diagnostic sessions with children,
- 1526 therapeutic and diagnostic sessions with parents and caregivers,
- 370 psychiatric consultations for children and adults,
- 432 legal consultations for caregivers and professionals,
- 1181 psychological, pedagogical, and legal consultations for professionals working with children,
- 147 prosecution and court interviews.

#### IN 2008 THE PROGRAMME WAS FUNDED BY:

- Warsaw City Hall
- UBS Optimus Foundation
- Mazowsze Provincial Office
- Donations by individual persons (including payments of 1% of income tax)
- Foundation's own funds

### ALINA MARGOLIS-EDELMAN PRAGA CHILD AND FAMILY CENTRE



The Praga Child and Family Centre was launched in September 2008. It is named after Alina Margolis-Edelman - the founder of the Nobody's Foundation. The Praga Child and Family Centre carries out prevention and help activities targeted at children and parents,

offered within the Praga Programme and the "Good Parent - Good Start" programme.

→ **Programme carried out since 2008.**

**Goals:** To help abused children and their families, to support professionals, to prevent abuse of young children

**Main activities:** Activities of the "Praga Programme" (p. 14) and "Good Parent – Good Start" programme (p. 10)

**Contact details:** 59 Walecznych street, 03-926 Warszawa, tel./fax: +48 22 616 16 69, +48 22 672 65 86, walecznych@fdn.pl



# Protecting Children in Legal Procedures

## CHILD: WITNESS WITH SPECIAL NEEDS



Activities within the „Child: Witness with Special Needs” programme in 2008:

- » continuing the „Child: Witness with Special Needs” campaign; campaign calendars were distributed among courts and prosecutor’s offices all over Poland;
- » running the Coalition for Child Friendly Interviewing;

- » publishing activity: developing and distributing materials on legal protection of children; additional printing of the following publications: *Będę świadkiem w sądzie* (I’ll be a witness in court), *Jak przesłuchiwać dziecko* (How to interview a child), *Przyjazne przesłuchanie dziecka* (Child friendly interviewing);
- » organization of training for prosecutors, judges, professionals working with children, as well as for representatives of institutions and organizations running child friendly interview rooms;
- » certification of child friendly interview rooms – in April 2008 the Nobody’s Children Foundation and the Ministry of Justice launched a procedure of certifying child interview facilities, based on the *Standards for child interview rooms* developed by the Foundation and the Ministry. All the rooms meeting the necessary criteria obtained a certificate granted; the list of these facilities has been made available on the Ministry’s website and on a dedicated site run by the Foundation, [www.dzieckoswiadek.pl](http://www.dzieckoswiadek.pl). The list has been also forwarded to relevant courts and prosecutor’s offices. The certification action is an on-going process.

**Programme team in 2008:**  
*coordinator: Maria Sterakowska*  
*lawyer: Olga Kudanowska*

→ **Programme carried out since 2002**

**Goals:** Education and raising awareness on how to interview children in criminal procedures among professionals, child victims, and their caregivers  
**Main activities:** Training for professionals, publishing activity, running a dedicated website [dzieckoswiadek.pl](http://dzieckoswiadek.pl), promoting the idea of child friendly interviewing  
**Contact details:** 10 Obrońców street, 03-933 Warszawa, tel./fax: +48 22 616 02 68, +48 22 616 03 14, [dzieckoswiadek@fdn.pl](mailto:dzieckoswiadek@fdn.pl), [www.dzieckoswiadek.pl](http://www.dzieckoswiadek.pl)

### THE PROGRAMME IN NUMBERS:

- In 2008:
- **200** individuals and institutions joined the Coalition for Child Friendly Interviewing,
  - there were more than **100,000** visits to the [www.dzieckoswiadek.pl](http://www.dzieckoswiadek.pl) website,
  - more than **400** people subscribed to the newsletter on the [dzieckoswiadek.pl](http://dzieckoswiadek.pl) website,
  - **9** certificates for child friendly interview rooms were granted,
  - over **120** professionals (judges, prosecutors, representatives of other organizations and institutions) were trained.

### IN 2008 THE PROGRAMME WAS FUNDED BY

- EOG Financial Mechanism, Norwegian Financial Mechanism, budget of the Republic of Poland FOP
- Cooperation Fund
- Ministry of Labour and Social Policy

## CHILD VICTIM ADVOCATE



During their telephone duty, trained volunteers – supervised by lawyers and psychologists – provide information about the victim’s rights and help to determine what kind of assistance is needed by the child and his/her parent. Another way to support crime victims is through voluntary representatives and accompanying persons participating in criminal and civil procedures. Information about the activities of the programme are conveyed to police stations, prosecutor’s offices, and courts through brochures, leaflets, and posters.

**Programme team in 2008:**  
*coordinator: Justyna Podlewska*

→ **Programme carried out since 2005**

**Goals:** To improve the situation of child victims participating in legal procedures  
**Main activities:** Telephone helpline, participation of voluntary representatives and accompanying persons in criminal and civil procedures.  
**Contact details:** tel. +48 22 826 80 72, Mon – Fri 14.00-18.00

### IN 2008 THE PROGRAMME WAS FUNDED BY:

- Batory Foundation
- Donations by individual persons (including payments of 1% of income tax)
- Foundation’s own funds

## PSYCHOLOGY EXPERT CLUB



In 2008 the following issues were addressed at the Psychology Expert Club’s meetings: an autistic child as a potential victim of violence; elements of neuropsychological assessment of a child – techniques to be used in court judicature; assessment of a child with developmental deficits; preliminary assessment activating the process of legal intervention; psychological manipulation in the media; analysis of the Rotter’s scale; expectations from child witnesses at various stages of development; and standards of assistance provided for abused children by interdisciplinary teams of professionals.

**Programme team in 2008:**  
*coordinators: Alicja Budzyńska, Magdalena Zawadzka*

→ **Programme carried out since 2007**

**Goals:** To improve the competence of professionals who work with child victims and witnesses, as well as mental health professionals who develop expert forensic opinions in cases involving children; cooperation, exchange of experience, consolidating the environment of expert witnesses.  
**Activities:** Seminars and supervision sessions, distribution of publications and information and educational materials.  
**Contact details:** Centrum Pomocy Dzieciom „Mazowiecka”, 12/25 Mazowiecka street, 00-048 Warszawa, tel./fax: +48 22 826 88 62, fax: +48 22 826 14 34, [mazowiecka@fdn.pl](mailto:mazowiecka@fdn.pl)

### IN 2008 THE PROGRAMME WAS FUNDED BY:

- Foundation’s own funds
- Donations by individual persons (including payments of 1% of income tax)

## 5TH NATIONAL CONFERENCE HELPING CHILD VICTIMS OF CRIME, WARSAW 27-28 OCTOBER'08



The 5th National Conference on Helping Child Victims of Crime was held in the Palace of Culture and Science in Warsaw, under the honorary patronage of the Minister of Justice and the President of the capital City of Warsaw. The Conference was attended by professionals who help child victims of crime, such as judges, prosecutors, probation officers, psychology court experts, employees of assistance and care

institutions and representatives of NGOs working with child victims of crime.

The conference program included plenary sessions, lectures, and group workshops. Conference speakers presented model solutions related to preventing offences against children, as well as the latest research findings and theories concerning child abuse. Projects and initiatives designed to provide practical help for child victims and their families were also presented, as well as professional publications in this area. Conference presentations and workshops were delivered by recognized Polish and international experts, including professor Kevin Browne (UK), Nancy Chandler (USA), professor Peter Adriaenssens (Belgium).

→ **Project implemented since 2003**

**Organizers:** Ministry of Justice, Warsaw City Hall, Nobody’s Children Foundation  
**Goals:** Educating professionals on how to help children who have experienced violence and abuse, and how to protect the rights of children participating in legal procedures

### NUMBER OF CONFERENCE ATTENDEES

- **600**

### IN 2008 THE CONFERENCE WAS FUNDED BY:

- Ministry of Justice
- Warsaw City Hall
- Trust for Civil Society in Central & Eastern Europe
- Donations by individual persons (including payments of 1% of income tax)
- Foundation’s own funds

# Safer Internet Academy

## SAFER INTERNET ACADEMY



Akademia Bezpiecznego Internetu

s@ferinternet.pl

The Nobody's Children Foundation has been working in the field of child online protection since 2003. Comprehensive research, educational, media, and assistance activities have been conducted within the *Safer Internet Academy* (SIA) programme. The main partner of the majority of projects implemented within the *Safer Internet Academy* is the Orange Foundation (before: TP Group Foundation). Since 2005 the Nobody's Children Foundation, together with NASK (Research and Academic Computer Network), has participated in the European Commission's "Safer Internet" programme, within which the Foundation is the national coordinator of Saferinternet.pl and Helpline.org.pl projects.

### Research

In 2008 two research projects were carried out within SIA. The first one focused on adult Internet users' attitudes and opinions concerning online risks to children (Gemius). The other one concerned parents' attitudes and experiences associated with keeping children safe online (OBOP). Findings from both studies were used for designing education projects and SIA media campaigns.

### Educating children and youth



Since 2005 the Nobody's Children Foundation has run an interactive education portal for children and youth, *Sieciaki.pl*, focusing on safe and effective Internet use. In 2008 the website had 24,661 new registered users, while the total number of registered users exceeded 100,000. Within the annual „*Sieciaki on Holiday*” summer campaign, the Foundation organized education outdoor events on Internet safety in Warsaw and in 7 popular sea resorts. The picnics were attended by more than 3500 children.

An educational video and lesson plans for junior secondary school students – developed within the “*Stop Cyberbullying*” campaign – were distributed among 2500 junior secondary schools all over Poland. Furthermore, in cooperation with the TP Group Foundation, education packages (lesson plans, a CD with cartoons) concerning safe Internet use were distributed to 5500 primary schools.

E-learning courses for students of primary schools ([www.elearning.dzieckowsieci.pl](http://www.elearning.dzieckowsieci.pl)) were used by more than 26,000 children. Finally, within the SIA educational programme 10,000 comic strips, 26,000 posters, and 60,000 stickers and leaflets were printed and distributed.

### → Programme carried out since 2004

**Goals:** To assess the scale and characteristics of threats to children online; to prevent risks to the youngest Internet users; to support children facing Internet-related threats

**Main activities:** Research and analyses, educational projects, online and telephone help, “*Safer Internet*” programme

**Contact details:** 10 Obrońców street, 03-933 Warszawa, tel. +48 22 616-02-68

### THE PROGRAMME IN NUMBERS:

In 2008:

- conferences and training courses were organized for more than **2300** professionals,
- education toolkits were distributed to 8000 schools,
- more than **26000** children used e-learning courses,
- over **3500** children attended educational outdoor events,
- Helpline.org.pl processed **1644** reports,
- websites of the SIA received more than **500,000** visits.

### Programme team in 2008:

*Programme Coordinator:* **Łukasz Wojtasik**

*Coordinator for International Cooperation,*

*Saferinternet.pl Project Coordinator:*

**Agnieszka Wrzesień**

*Specialist for Education Projects:* **Julia Barlińska**

*Specialist for Multimedia Projects:* **Piotr Sajkowski**

*Coordinator of "Sieciaki.pl":* **Marcin Sołodki**

*Project Assistant, "Sieciaki.pl":*

**Małgorzata Krosnowska**

*Editor of „Sieciaki.pl”:* **Andrzej Piękoś**

*Project Assistant for Saferinternet.pl project:*

**Katarzyna Zygmunt**

*Coordinator of Helpline.org.pl:* **Katarzyna Fenik**

*Consultant, Helpline.org.pl, Specialist for*

*International cooperation:* **Marta Wojtas**

*Consultant, Helpline.org.pl:* **Agnieszka Pawłowska**

*Consultant, Helpline.org.pl:* **Weronika Sobierajska**

*Consultant, Helpline.org.pl:* **Agnieszka Kuczko**

*Editor of Dzieckowsieci.pl:* **Jan Kowalski**

### Educating professionals

In 2008 members of the SIA team delivered several training courses targeted at professionals who deal with the problem of child abuse online. The following conferences were organized within the SIA programme: a conference accompanying the Safer Internet Day celebrations (12 Feb, in cooperation with NASK, within the „*Safer Internet*” programme), „*Stop Cyberbullying*” conference (7 May, in cooperation with the Warsaw City Hall), and the 2nd International Conference „*Keeping Children and Young People Safe Online*” (18-19 Sep, in cooperation with NASK, within the „*Safer Internet*” programme). The conferences and educational events organized in 2008 were attended by more than 2300 professionals from all over Poland.

### IN 2008 THE PROGRAMME WAS FUNDED BY:

- European Commission, Safer Internet Plus programme
- TP Group Foundation
- Warsaw City Hall
- Save the Children Sweden
- Velux Foundations

## “CHILD ON THE WEB” CAMPAIGN



The goal of the Child on the Web social campaign, carried out since 2004, is to draw public attention to different risks related to the use of Internet by children.

In 2008 the campaign focused on the problem of cyberbullying. As part of the “*Stop Cyberbullying*” (🚫) action special advertising messages concerning the subject were developed, targeted at children, young people, parents, and professionals. TV, radio, and press advertisements displayed between January and June 2008 were noted by 58% of Poles (TNS OBOP 2008).



## HELPLINE.ORG.PL



Helpline.org.pl is a joint project of the Nobody's Children Foundation and the Orange Foundation, carried out within the European Commission's “*Safer Internet*” programme, where children and young people can raise their concerns about different dangerous situations encountered online. In 2008 the Helpline consultants received 1644 reports

from children, parents, and professionals.

## INTERNATIONAL PROJECTS

Most SIA activities in 2008 were part of the Saferinternet.pl project, carried out within the European Commission's “*Safer Internet*” programme. Moreover, in 2008 members of the SIA team were also engaged in the following international projects:

- Youth Protection Roundtable,
- Measurement and Analysis of P2P Activity Against Paedophile Content,
- eNACSO - European NGO Alliance for Child Online Safety,
- Dynamic Coalition for Child Online Safety within the UN Internet Governance Forum.



# Childhood Without Abuse:

Toward a better child protection system in Eastern Europe

## TOWARD A BETTER CHILD PROTECTION SYSTEM IN EASTERN EUROPE



childhood without abuse

The programme *Childhood without Abuse: Toward a better child protection system in Eastern Europe* has been implemented in cooperation with NGOs in Bulgaria, Latvia, Lithuania, Macedonia, Moldova, and Ukraine. In 2008 the activities of the programme focused on interdisciplinary work in the area of child abuse prevention.

### Social campaigns

» Child: Witness with Special Needs

The SAPI organization in Bulgaria carried out the second stage of the campaign targeted at judges, prosecutors, and other professionals working with children who participate in legal procedures. The campaign was based on the Polish campaign carried out in 2007, developed by VA Strategic Communications. Within the campaign the Coalition for Child Friendly Interviewing was formed in Bulgaria. A Bulgarian version of the *dzieckoswiadek.pl* website was launched – *detetosvidetel.org* – and the poster “Your Honour, I’m Scared” was adapted in Bulgarian. A child friendly interview room was established in one of Bulgarian towns, Pazardzhik, and another one is to be opened soon in Shumen. The campaign was carried out thanks to financial support provided by the Trust for Civil Society in Central and Eastern Europe. (1)

» Child on the Web – You Never Know Who Is on the Other Side  
Following the adaptations of the campaign in Latvia and Bulgaria, the *Child on the Web* campaign was also carried out in Albania, by an organization called Children Human Rights Centre. Aimed at improving children’s safety on the Web and protecting them from sexual abuse, the campaign was created by the Nobody’s Children Foundation and carried out in Poland in 2004. (2)

» See it, Hear It, Say It

The campaign was launched in late November in all 6 countries participating in the project. Its goal was to draw people’s attention to the problem of violence against children and to demonstrate possible ways of responding to such violence. Posters and leaflets used in Poland in 2007, created by DDB Warsaw, were adapted for the campaign in the 6 partner countries. Local branches of the DDB agency in Bulgaria, Macedonia, Latvia and Ukraine contributed to the campaign by creating local language versions of the messages. Organizations in the partner countries organized several press conferences and debates that accompanied the campaign. *See It, Hear It, Say It* was supported by many institutions and organizations, including the Ukrainian Ministry for Family, Youth, and Sports, and UNICEF in Bulgaria. (3)

→ Programme carried out since 2005

**Goals:** To improve the child protection system through efforts such as raising the competence of professionals responsible for interventions and helping child victims and their families, to raise public awareness.

**Main activities:** Social campaigns, publications, training, supervisions, conferences and site visits, an English-language website [www.canee.net](http://www.canee.net)

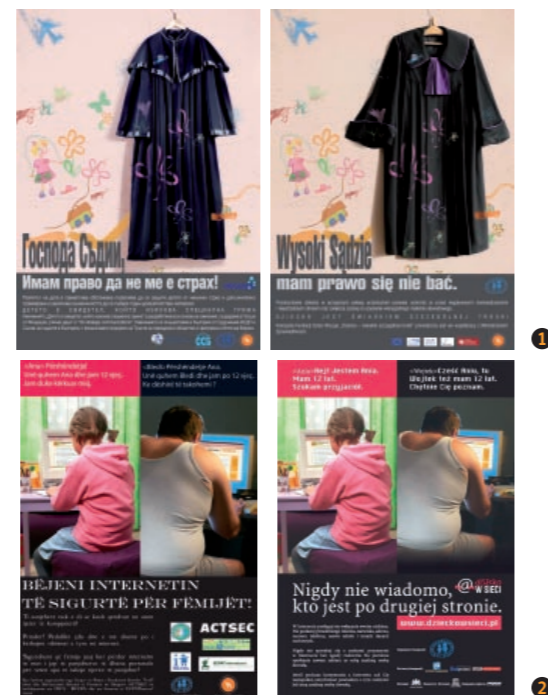
**Contact details:** 10 Obrońców street, 03-933 Warszawa, tel./fax: +48 22 616 02 68,+48 22 616 03 14, [europawschodnia@fdn.pl](mailto:europawschodnia@fdn.pl), [www.canee.net](http://www.canee.net)

**IN 2008 THE PROGRAMME WAS FUNDED BY:**

- OAK Foundation
- Trust for Civil Society in Central and Eastern Europe
- DDB (in kind)
- VA Strategic Communications (in kind)
- Donations by individual persons (including payments of 1% of income tax)
- Foundation’s own funds

**Programme team in 2008:**

**coordinator:** Maria Keller-Hamela  
**programme assistants:** Dorota Gajewska, Gabriela Roszkowska



### Education

In 2008 partner organizations taking part in the project organized several training and supervision sessions focusing on interdisciplinary work. They were attended by various professionals working for the benefit of abused children. The invited experts included professor Margaret Lynch (UK) who specializes in environmental paediatrics (supervision in Latvia), and Ausra Kuriene, Director of the Children Support centre in Lithuania (supervision in Ukraine). Three subregional training courses were organized: in Vilnius for participants from Lithuania and Latvia, in Chisinau for participants from Moldova and Ukraine, and Samokov (Macedonia) for people from Macedonia and Bulgaria. Training and supervision sessions concerning child friendly interviewing were also provided: in January in Macedonia, in March and April in Poland, and in April and June in Bulgaria. The training in Bulgaria was organized by the partner organization SAPI and by the Association of Bulgarian Judges. It was the first training on this subject in Bulgaria.

In November SAPI organized an international conference in Sofia, titled *A Child in Legal Procedures: Interdisciplinary Approach*. The conference was attended by about 100 participants, including professionals who work with children within the Bulgarian justice and social welfare systems, and representatives of all the organizations participating in the programme. The conference was accompanied by a training course addressing the resilience method in interdisciplinary work and procedures that ensure children’s safety in organizations.

In May a special meeting was held to inaugurate the Polish-Bulgarian project *Coalition for Child Friendly Interviewing*, funded by the Trust for Civil Society in Central and Eastern Europe. The meeting was attended by representatives of SAPI and the Association of Bulgarian Judges. In November representatives of the Nobody’s Children Foundation went to Sofia to take part in the evaluation meeting organized to close the project.

During several field visits in 2008 the Foundation was visited by Russian social workers and representatives of the justice systems, representatives of the Ministry for Family, Youth, and Sport in Ukraine, social welfare centres and education offices in Kiev, as well as Ukrainian NGOs including the partner organization of the programme, Child Well-Being Fund.

A dedicated website has been run within the programme, [www.canee.net](http://www.canee.net) constituting a platform for exchanging experiences and information among East European professionals and organizations engaged in child protection. A newsletter is also distributed, providing information about the programme’s partner organizations and about the activities undertaken by each country in the region.

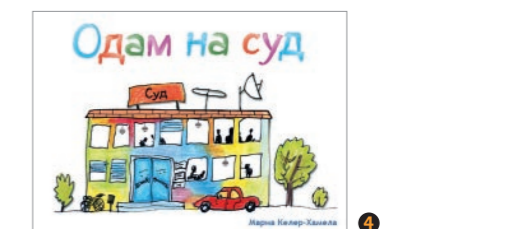


### Publications

» *Idę do sądu* (I’m going to court) – a booklet for younger children, preparing them for participation in legal procedures (a Macedonian version - (4) - based on the Polish edition of 2002);

» *Będę świadkiem w sądzie* (I’ll be a witness in court) – a manual for children and young people; a brochure preparing children ages 10-15 for testifying in court (a Bulgarian version based on the Polish edition of 2007);

» Distribution of the report from the implementation of the programme *Childhood without Abuse: Toward a better child protection system in Eastern Europe* between 2005 and 2007. The report was developed in English.





# Good Parent – Good Start: Prevention of abuse of young children

## GOOD PARENT – GOOD START



“Good Parent – Good Start” is a programme focusing on prevention of abuse of young children (ages 0-3). The project has been carried out in cooperation with health care, social welfare, education, and care facilities. The programme comprises both national and local activities. It was launched in 2007 as a pilot project implemented in selected

Warsaw districts. Its activities are targeted at two groups: parents expecting a child and parents with young children, and professionals working with children under 3 (health care professionals: employees of maternity hospitals and local clinics; social workers; and employees of day care centres, prenatal education centres, NGOs and others).

### Services for parents:

- psychological and pedagogical help: individual consultations, marital consultations, telephone and email counselling,
- parenting skills workshops, support groups,
- educational meetings,
- publications,
- dedicated website [www.dobryrodzic.pl](http://www.dobryrodzic.pl) (articles, news, addresses of help centres).

### Services for professionals:

- training courses, conferences,
- consultations,
- supervision sessions,
- publications,
- plans of classes for parents,
- dedicated website [www.dobryrodzic.pl](http://www.dobryrodzic.pl) (articles, news, addresses of relevant organizations)

The **Local System for Preventing Abuse of Young Children** was launched within the programme with the goal of conveying information about available support to all parents expecting a child and parents with children under 3 in the local environment (district or town), and to identify and support parents at risk of child abuse. The activities carried out within the local Prevention System have been enabled by the Foundation’s close cooperation with local health care, social welfare, education, and child care facilities.

### → Programme carried out since 2007

**Goals:** To protect young children (ages 0-3) from abuse by supporting their parents or caregivers in parenting without violence, to promote good parenting

**Main activities:** Direct support for parents with young children (education, psychological support, workshops), support for professionals

**Contact details:** 59 Walecznych street, 03-926 Warszawa, tel./fax: +48 22 616 16 69, +48 22 672 65 86, [dobryrodzic@fdn.pl](mailto:dobryrodzic@fdn.pl), [www.dobryrodzic.pl](http://www.dobryrodzic.pl)

### THE PROGRAMME IN NUMBERS

Publications:

- **3** education brochures for parents with young children were published in 2008: *Stres – poradnik dla rodziców młodych dzieci* (Stress: A guide for parents with young children ❶), *Zamiast klapsa. Jak z szcunkiem i miłością wyznaczyć dziecku granice?* (Instead of spanking: How to set limits with love and respect? ❷), and *Dobry Rodzic - Dobry Start* (Good Parent – Good Start). Altogether **100,000** leaflets and brochures were published and distributed through health care centres, social welfare facilities, day care centres and other institutions cooperating with the Foundation.



Help activities:

Services provided in 2008:

- **285** psychological consultations for parents,
- **6** parenting skills group workshops for parents with young children, attended by **64** parents,
- **16** educational meetings attended by **178** parents.

On 10th April 2008r. a conference “**A Child. Handle with care! Prevention of abuse of young children**” was held in Warsaw. The conference was organized by the Nobody’s Children Foundation, the World Childhood Foundation and the Warsaw City Hall (Social Policy Bureau). The conference was addressed to managers of institutions responsible for young children’s safety and protection and for supporting parents all over Poland, especially to: health care institutions (maternity hospitals, local clinics), social welfare facilities (social services centres, specialized family counselling centres), child care facilities (residential care institutions for young children, day care centres for children under 3) and others, i.e., prenatal education centres, NGOs and scientific societies. Two plenary sessions were planned during the conference, during which invited speakers (Prof. Andrzej Marciński, Warsaw Medical University, Prof. Anna Brzezińska, Adam Mickiewicz University in Poznań, Grażyna Kmita, PhD, Mother and Child Institute, Warsaw University, and Agnieszka Izdebska, Nobody’s Children Foundation) presented the benefits of early prevention of child abuse and examples of such efforts in other countries. The conference was attended by 180 participants from all over Poland.

On the initiative of the Nobody’s Children Foundation, the **Coalition for Preventing Abuse of Young Children** was formed during the conference. Its goal is to raise public awareness of the problem of child abuse among the youngest children and to promote the idea of prevention. In 2008 the Coalition was joined by 79 institutions and organizations from all over Poland. Two meetings of the Coalition were held, attended by 132 persons.

A dedicated website, [www.dobryrodzic.pl](http://www.dobryrodzic.pl) was launched within the programme. The website comprises two sections – one targeted at parents and the other one addressed to professionals who work with parents of young children. Parents may find useful information and suggestions on how to behave in difficult situations. Moreover, the website offers an Online Counselling Centre, where parents may seek help and support (anonymously). An address database is also available on the website, providing contact details of institutions from all over Poland that offer support and help services for parents. The section for professionals provides information on how to help parents with young children effectively and how to improve one’s professionals skills in this area.

Website:

- In 2008 the programme’s website was visited by **152,286** Internet users.
- **27** newsletters with information for parents and professionals were sent out to **627** registered users of the website.

### IN 2008 THE PROGRAMME WAS FUNDED BY:

- World Childhood Foundation
- Velux Foundations
- Warsaw City Hall
- Social Services Centre, Praga Południe

### Programme team in 2008:

*coordinator: Karolina Lewandowska*  
*psychologists: Marlena Trąbińska-Haduch, Aneta Kwaśny, Agnieszka Izdebska*  
*webmasters, coalition coordinators: Ewa Sadowska, Renata Szredzińska,*  
*psychiatrist: Irena Kornatowska*  
*lawyers: Olga Kudanowska, Justyna Podlewska*  
*associate consultants: Joanna Fejfer-Szytko (psychologist), Halina Gut (pedagogic counsellor).*

In 2008 the **Local Prevention System** was implemented in three Warsaw districts: Praga Południe, Praga Północ and Targówek. Thanks to cooperation with institutions engaged in the project:

- more than **10,000** parents with young children were provided with education materials,
- **205** professionals from health care centres, social welfare facilities, prenatal education centres, and day care centres for children under 3 were trained on prevention of abuse of young children,
- **6** supervision sessions for project implementers were organized; the sessions were attended by **95** professionals working with the youngest children.

# Programme for unaccompanied foreign children and victims of child trafficking

## PROGRAMME FOR UNACCOMPANIED FOREIGN CHILDREN AND VICTIMS OF CHILD TRAFFICKING



Program na rzecz dzieci - ofiar handlu i dzieci cudzoziemskich bez opieki

Within the programme the Nobody's Children Foundation

» conducts training for professionals involved in identifying potential victims of trafficking and interventions in identified cases. The trainings are attended by police

officers, border guards, employees of intervention institutions and residential care institutions.

» develops and distributes information and educational materials concerning various aspects of child trafficking. In 2008 the first Polish social campaign aimed at prevention of child trafficking, carried out under the slogan "Children are not for sale", was continued. (1)

» performs tasks stemming from the National Programme for Combating and Preventing Trafficking in Human Beings, carried out by the Ministry of Internal Affairs and Administration. In cooperation with the Ministry of Internal Affairs and Administration, the Nobody's Children Foundation elaborates the algorithm of support and protection of child victims of trafficking. The aim of the algorithm is to create the identification system of child victims of trafficking.

» initiates research projects concerning child trafficking and the situation of unaccompanied alien children;

» actively cooperates with international organizations dealing with the problem of child trafficking, such as ECPAT or Save the Children, and takes part in various international projects, e.g., Separated Children in Europe Programme. Within the SCEP programme in 2008 the Nobody's Children Foundation took part in preparation of Statement of Good Practice, one of the most important papers on the issue of unaccompanied foreign children.

» undertakes lobbying activity aimed at amending the Polish law concerning the protection of child victims of trafficking and working out a model of protecting minor victims of such offences;

» runs consultations for institutions and professionals encountering the problem of child trafficking and monitoring of reported cases.

### → Programme implemented since 2004

**Goals:** To prevent child trafficking through raising awareness and knowledge among professionals who deal with potential victims and through developing effective help systems and victim identification procedures

**Main activities:** Publications and training, research, lobbying

**Contact details:** 10 Obrońców street, 03-933 Warszawa, tel./fax: +48 22 616 02 68, +48 22 616 03 14, ofiaryhandlu@fdn.pl, www.dzieciofiaryhandlu.pl

### THE PROGRAMME IN NUMBERS

- In 2008 specialist training courses were organized within the programme, attended by **451** participants.

### THE MAIN PARTNERS OF THE PROGRAMME IN 2008:

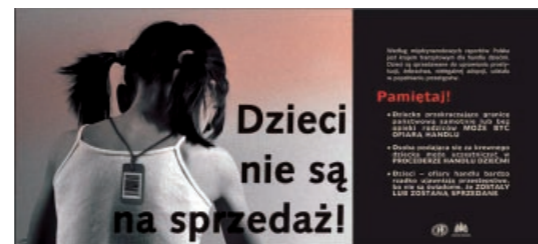
- Polish Ministry of Internal Affairs and Administration
- Polish Ministry of Labour and Social Policy
- British Embassy
- US Embassy
- Council of the Baltic Sea States

### Programme team in 2008:

coordinator: *Gabriela Roszkowska*

programme assistant: *Dorota Gajewska*

expert: *Katarzyna Fenik*



1

# Helpline for Children and Youth 116 111

## HELPLINE FOR CHILDREN AND YOUTH 116 111



116 111 is a national free helpline for children and young people. The Helpline for Children and Youth was activated on 6 November 2008, thanks to cooperation and engagement of the Polish Ministry of Internal Affairs and Administration, the Office for Electronic Communication, the Nobody's Children Foundation, and Polkomtel SA – the operator of the Plus mobile network, the Main Sponsor and Technology Partner of the helpline. Honorary patronage over the helpline was assumed by the Polish Minister of National Education Katarzyna Hall.

Together with the Telephone Helpline 116 111, a dedicated website was launched, [www.116111.pl](http://www.116111.pl), where children and young people may find information about their rights and ways of solving problems, learn about the principles of the Helpline's functioning, and ask questions online.

Interventions undertaken by the Helpline's consultants form an important part of its work. Such interventions are undertaken when:

- a child's health or life is threatened; in such cases the Helpline's consultants take action in cooperation with the police (based on the agreement on cooperation between organizational units of the Police and the Nobody's Children Foundation for efficient operation of the National Helpline for Children and Youth 116 111);
- there is no direct threat to the child's health or life, but the child has agreed to or asked for an intervention; in such cases interventions are undertaken in partnership with local institutions and organizations.

Pursuant to the European Commission's decision (2007/116/EC) of 15 February 2007 on reserving the national numbering range beginning with "116" for harmonised services of social value (Official Journal of the European Communities L 49 z 15), it is recommended to activate the same recognizable telephone numbers in all EU member states to provide services having a social value. An annex to the Commission's decision provides the list of services to be linked to each of the three numbers of the European harmonised service. The number 116 111 has been reserved for a service called "Helpline for children". Poland is the 5th EU member state that has launched the Helpline for Children and Youth 116 111.

On 6 November 2008 a press conference was held in the Zachęta Gallery in Warsaw to inaugurate the operation of the 116 111 line. It was attended by representatives of institutions and organizations engaged in the launch of the Helpline.

### → Programme carried out since 2008

**Goals:** To help children and young people under 18 in need of support, care, and protection

**Main activities:** telephone support for children and young people in difficult situations, efforts to improve the callers' safety

**Contact details:** Lucyna Kicińska – coordinator, tel./fax: +48 22 616 16 69, +48 22 672 65 86, 116111@116111.pl, www.116111.pl

### THE PROGRAMME IN NUMBERS:

Between 6 November and 31 December 2008:

- the Helpline's consultants accepted **23,000** calls
- more than **2700** consultations were provided
- **600** inquiries were sent to the 116 111 team through the programme's website, [www.116111.pl](http://www.116111.pl)

### IN 2008 THE PROGRAMME WAS FUNDED BY:

- Polkomtel SA, operator of the Plus mobile network
- Donations by individual persons (including payments of 1% of income tax)
- Foundation's own funds

### 116 111 team

The team of the National Helpline for Children and Youth 116 111 consists of psychologists and pedagogic counsellors.

Before the launch of the Polish Helpline, the consultants made traineeship visits to the Czech organization Linka Bezpečí and the Hungarian Kek Vonal, which operate the 116 111 line in their countries.

Children and young people may use the Helpline from Monday to Friday between 12.00 and 20.00. Connection with 116 111 is free of charge from all conventional (fixed) and mobile phones.



# Praga Programme

## PRAGA PROGRAMME



Services of the Praga Programme:

- crisis intervention in cases of child abuse;
- free of charge psychological and legal help (consultations, assessment, treatment, support groups) for children and their families;
- consultations and training for professionals dealing with the problem of child abuse in the Praga district (Praga Club of Professionals);
- support and supervisions for interdisciplinary teams working in Praga Południe.

In 2008 a local campaign was carried out within the Praga Programme under the slogan “Let’s Help Together”. The campaign was targeted at professionals who help children in the Praga district of Warsaw. Its main goal was to promote interdisciplinary work and standards of providing help for abused children. In November a dedicated website was launched, [www.pomagajmyrazem.pl](http://www.pomagajmyrazem.pl), providing information about the problem of child abuse, possible ways of helping abused children in the Praga district, and interdisciplinary work for children. Moreover, two materials were published: a brochure Interdisciplinary help for abused children and their families and a poster “Let’s help Together”. Both publications were distributed among local professionals: pedagogic counsellors, teachers, health care professionals, police officers, and social workers.

The Praga Programme has been carried out in the Praga Child and Family Centre, in cooperation with the Praga Południe Social Services Centre (OSP), as well as local schools and health care facilities.

**Programme team in 2008:**  
 coordinator: Joanna Marszał-Kotas  
 psychologist: Magdalena Józwick  
 lawyer: Olga Kudanowska  
 front office: Anna Kłokocka

→ **Programme carried out since September 2008**  
**Goals:** To provide interdisciplinary help for abused children and their families in Praga – one of Warsaw districts; to build a system of interdisciplinary work among professionals  
**Main activities:** Psychological, psychiatric, and legal help for abused children and their families; support for professionals  
**Contact details:** Praga Child and Family Centre, 59 Walecznych street, 03-926 Warszawa, tel./fax: +48 22 616 16 69, +48 22 672 65 86, [walecznych@fdn.pl](mailto:walecznych@fdn.pl), [www.pomagajmyrazem.pl](http://www.pomagajmyrazem.pl)

### THE PROGRAMME IN NUMBERS:

Services provided within the Praga Programme in 2008:

- **32** consulting sessions with children, parents, and caregivers,
- **21** legal consultations with parents and caregivers,
- **4** meetings of the Praga Club of Professionals (**100** participants),
- **25** training sessions for employees of schools in the Praga district,
- training courses for **326** teaching and non-teaching employees of **6** local schools,
- **4** supervisions for local interdisciplinary teams (**35** persons),
- “Let’s Help Together” Campaign: [www.pomagajmyrazem.pl](http://www.pomagajmyrazem.pl) website, poster (**500** copies), brochure Interdisciplinary help for abused children and their families (**500** copies).

### IN 2008 THE PROGRAMME WAS FUNDED BY:

- Velux Foundations
- Civic Initiatives Fund
- Donations by individual persons (including payments of 1% of income tax)
- Foundation’s own funds



# Social campaigns

## “I LOVE. I REACT”

**Organizers:** Ministry of Labour and Social Policy, National Competence Centre, Nobody’s Children Foundation  
**Goals:** To prevent violence in the family and reduce its effects  
**Media:** television, radio, print media, Internet, outdoor, indoor  
**Education activities:** 0801109 801 infoline (advice on how to respond to cases of violence against children), a handbook for professionals obliged to intervene in cases of violence against children, an information leaflet about symptoms of violence against children and recommended help activities  
**Time:** December 2008 – January 2009  
**Funding:** Ministry of Labour and Social Policy



## “STOP CYBERBULLYING”

**Organizers:** Nobody’s Children Foundation  
**Advertising Agency:** VA Strategic Communications  
**Goals:** To draw the public’s attention to the problem of cyberbullying  
**Media:** television, radio, print media, outdoor  
**Education activities:** distribution of a training video and lesson about cyberbullying and the Nobody’s Children Foundation’s help services ([Helpline.org.pl](http://Helpline.org.pl)) among teachers  
**Time:** January – February 2008  
**Funding:** TP Group Foundation, European Commission

See p. 7 for more details of the “Stop Cyberbullying” campaign.



## Publishing programme Training programme

### PUBLISHING PROGRAMME

In 2008 the Nobody's Children Foundation published several resources – books, brochures, posters, leaflets/booklets, etc. – which have been described earlier, while presenting particular programmes. Moreover, in 2008 the Foundation published four issues of its quarterly, *Dziecko krzywdzone. Teoria, badania, praktyka* (Abused Child: Theory, Research, and Practice):

#### Quarterly *Dziecko Krzywdzone. Teoria, badania, praktyka* (Abused Child: Theory, Research, Practice) Published since 2003

In 2008:

- No.1/22 – Abuse of disabled children: Prevention and intervention
- No. 2/23 – Systemic help for child victims of crime, abuse, and neglect
- No. 3/24 – Keeping children safe in institutions
- No. 4/25 – Children in the situation of parental divorce

#### Editorial team

Editor in Chief: *Monika Sajkowska*

Deputy Editor in Chief: *Maria Keller-Hamela*

Editorial Secretary: *Monika Archicińska, Maria Sierakowska*

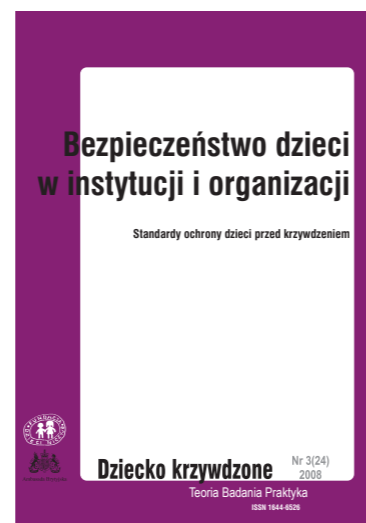
#### Web portal providing knowledge on the problem of child abuse: [dziekokrzywdzone.pl](http://dziekokrzywdzone.pl) Project carried out since 2007

Content: Information about training courses, campaigns, actions, legislative changes, articles published in the Abused Child quarterly, a database of institutions and organizations providing help for abused children in Poland, a dictionary of terms related to the problem, reference list, links to websites addressing the problem of abused children, and a calendar of important dates.

Contact: tel./faks: +48 22 616 02 68, +48 616 03 14, [wydawnictwo@fdn.pl](mailto:wydawnictwo@fdn.pl)

#### IN 2008 THE QUARTERLY WAS FUNDED BY:

- BRE Bank Foundation
- European Commission
- British Embassy



#### WEB PORTAL IN NUMBERS:

- Since 2007 the [dziekokrzywdzone.pl](http://dziekokrzywdzone.pl) site was visited more than **1 300 683** times!

Contact: tel./faks: +48 22 616 02 68, +48 22 616 03 14, [szkolenia@fdn.pl](mailto:szkolenia@fdn.pl)

#### INNE SZKOLENIA:

Apart from that, the Foundation conducted several other training courses for various groups of professionals, such as psychologists, pedagogical counsellors, teachers, social workers, probation officers, prosecutors, and judges. The courses focused on the assessment and treatment of abused children and on approaches to working with child victims of crime.

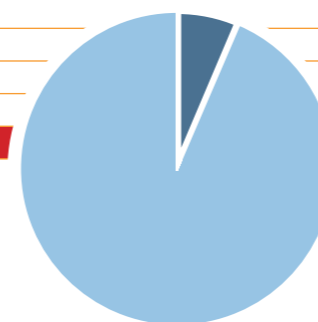
### TRAINING PROGRAMME

The Nobody's Children Foundation organizes and conducts training and conferences concerning the problem of child abuse for various groups of professionals. Information about these activities have been provided earlier, in presentations of particular programmes. In 2008 the following training series were also conducted:

- » A course on methods of working with sexually abused children, their families and caregivers.
- » A course on preparing forensic psychological opinions in cases involving children (the course has been positively evaluated by experts of the Polish Psychological Society [PTP] and has been conducted in cooperation with PTP within the PARTNER programme),
- » Training for police officers working at juvenile departments across Poland, organized within 30-hour courses carried out in cooperation with the Police Training Centre in Legionowo.

### FUNDS ALLOCATED FOR THE NOBODY'S CHILDREN FOUNDATION'S PROGRAMMES IN 2008:

Velux Foundations	326.088
TP Group Foundation	209.223
OAK Foundation (funds distributed among 7 countries participating in the project)	162.320
European Commission: Safer Internet Plus programme	141.249
Donations of 1% of income tax	126.413
Non-profit activity	124.225
World Childhood Foundation	118.527
UBS Optimus Foundation	63.429
Warsaw City Hall: institutions helping abused children and their families	61.601
Warsaw City Hall: programme "Good Parent-Good Start"	33.858
Ministry of Labour and Social Policy	33.184
Donations by individual persons	32.031
Save the Children Sweden	30.826
EOG Financial Mechanism, Norwegian Financial Mechanism, and Polish state budget within FOP (Fund for NGOs)	27.290
Ministry of Justice	25.714
BRE Bank Foundation	24.629
Trust for Civil Society in Central & Eastern Europe	24.224
Exemplary damages	18.148
Warsaw City Hall: Safer Internet Academy	15.661
Prudential Foundation	12.056
Pro Publico Bono Foundation	9.714
British Embassy	9.013
Pioneer Pekao TFI SA	8.571
Cooperation Fund Foundation	7.358
European Commission: Daphne	7.315
TU Allianz Polska SA	7.143
Stefan Batory Foundation	6.369
Interests on bank deposits	5.954
Mazowieckie Province Office	2.857
GFK Polonia	2.606
TU Europa S.A.	1.429
University Individual Training School	1.429
Deutsche Bank Polska	1.069
Other	3.071
<b>TOTAL REVENUES:</b>	<b>1.684.592 EUR</b>



#### Our expenditures in 2008

Administrative expenditures for 2008 constitute **7%** and expenditures on statutory activity **93%** of the total expenditures on the Foundation's basic activity.

### SUPPORT IN KIND

Agora SA  
Alboom.pl  
Arcabit  
Bank Żywności  
CD Projekt  
DDB  
Egmont Polska Sp. z o.o.

Elżbieta Pełka Creative Services  
Gdańskie Wydawnictwo Psychologiczne  
Gemius SA  
Grupa Wydawnicza INFOR S.A.  
McCann Erickson  
Media Service Zawada Sp. z o.o.  
Microsoft

Nasza Księgarnia  
Nicolagames  
Pentel Polska  
Promise  
Prószyński i S-ka  
SMG/KRC  
SPI International Polska

Świat Bajek Hagi  
Techland  
VA Strategic Communication  
Velux Polska Sp. z o.o.  
Wola  
Wydawnictwo Bauer



# Sponsors

THE NOBODY'S CHILDREN FOUNDATION'S PARTNER IN THE AREAS OF TRAINING AND CONSULTING THE FOUNDATION'S TEAM



<p>SPONSORS</p>				


**BOARD OF DIRECTORS**

Bohdan Gawroński  
Maria Keller-Hamela  
Irena Kornatowska – *President*  
Emilia Naumann  
Monika Sajkowska

Michał Szymańczak – *Consultant*

**ADVISORY BOARD**

Elżbieta Czyż  
Teresa Jaśkiewicz-Obydzińska  
Anna Koślacz-Folga  
Aldona Sito  
Jolanta Szymańczak – *Chairperson*

**OFFICE OF THE FOUNDATION**

Monika Sajkowska – *Managing Director*  
Maria Keller-Hamela – *Director for International Cooperation*  
Jolanta Zmarzlik – *Clinical Director*

Sylvia Lewandowska-Akhvlediani – *Consultant for Development*  
Marta Skierkowska – *PR Specialist*

Monika Archicińska – *Secretariat*

**ACCOUNTING**

Dorota Kordykiewicz – *Chief Accountant*  
Anna Burczak – *Coordinator for Business Activity*  
Małgorzata Jabłonowska-Zagrajek – *Accountant*  
Marta Sadkowska – *HR Specialist*

**Nobody's Children Foundation**

59 Walecznych street  
tel./fax: +48 22 616 02 68,  
+48 22 616 03 14  
e-mail: [fdn@fdn.pl](mailto:fdn@fdn.pl)  
[www.fdn.pl](http://www.fdn.pl)

DESIGN & DTP Olga Figurska, LUNATIKOT



[www.fdn.pl](http://www.fdn.pl)  
[www.1procent.net](http://www.1procent.net)

[www.321internet.pl](http://www.321internet.pl)  
[www.dzieckowsieci.pl](http://www.dzieckowsieci.pl)  
[www.helpline.org.pl](http://www.helpline.org.pl)  
[www.przedszkolaki.sieciaki.pl](http://www.przedszkolaki.sieciaki.pl)  
[www.saferinternet.pl](http://www.saferinternet.pl)  
[www.sieciaki.pl](http://www.sieciaki.pl)

[www.116111.pl](http://www.116111.pl)  
[www.canee.net](http://www.canee.net)  
[www.dobryrodzic.pl](http://www.dobryrodzic.pl)  
[www.dzieciofiaryhandlu.pl](http://www.dzieciofiaryhandlu.pl)  
[www.dzieckokrzywdzone.pl](http://www.dzieckokrzywdzone.pl)  
[www.dzieckoswiadek.pl](http://www.dzieckoswiadek.pl)  
[www.pomagajmyrazem.pl](http://www.pomagajmyrazem.pl)

[www.dziecinstwobezprzemocy.pl](http://www.dziecinstwobezprzemocy.pl)  
[www.zobacz-uslysz-powiedz.pl](http://www.zobacz-uslysz-powiedz.pl)